HOLY REDEEMER CATHOLIC CHURCH

Address: 44 Rothesay Drive, Kanata, ON K2L 2X1

Telephone: 613-836-1764; Fax: 613-836-5973; Website:

Second Sunday of Advent — Year B \sim Sunday, December 10, 2023

'Make straight the paths of the Lord.' — Mark 1:3



Please note! Schedules will change with Liturgical Seasons, Funerals, etc.

Please confirm with office.

Sunday Liturgy Mass Times

Weekday Mass Times

Adoration

1st Friday 8:00 pm 1st Saturday 8:45 am (All-Night Vigil)

(with 3:00 pm Hour of Great Mercy Devotion)

Reconciliation (or by appointment)

PASTORAL COUNCIL:

LITURGICAL MINISTRIES:

 Adoration:
 Sharon Stuyt
 (613) 838-5578

 Altar Servers:
 Angie Balberde
 (613) 262-0259

 Altar Guild:
 (613) 831-1075

Catechesis of the Good Shepherd:

Kim Baudouin(613) 884-8475

Children's Liturgy:

9:30 am: Cathy Kosshryouth@icloud.com

Extraordinary Ministers of Holy Communion:

SACRAMENTAL FORMATION:

Baptism Preparation Coursereception@holyredeemer.ca Franca Walsh (Ministry Lead)(613) 836-2219

Christian Initiation of Adults (RCIA):

David Dupuis (613) 709-5065

Christian Initiation of Children (CIC):

MUSIC MINISTRY (CHOIRS):

Funeral Choir: Jeanne Joinette (613) 868-9354

CLERGY

> Pastor: Fr. Paul Nwaeze:pnwaeze@holyredeemer.ca

> Associate Pastor: Fr. Connor O'Hara:

......father.connor@outlook.com

> Associate Pastor: Fr. Steven Gaudet

......fr.stevengaudet@gmail.com
> Deacon: Rev. James Kubina:jgkubina@gmail.com

> Deacon: Rev. Mike Doherty:midoherty1952@gmail.com

OFFICE STAFF

> Coordinator of Temporal Works

Maureen Brannan:ctw@holyredeemer.ca

> Communications Coordinator

Jeremy Eckert:<u>communications@holyredeemer.ca</u>

> Evangelization Coordinator

Teresa Kargul:evangelization@holyredeemer.ca

> Receptionist:

Paola Pacheco:reception@holyredeemer.ca

> Administrative Assistant

Kim Jennings:admin@holyredeemer.ca

> Youth Minister ~ Cathy Koss:hryouth@icloud.com

OFFICE HOURS — CLOSED on Wednesdays and weekends

Monday, Tuesday, Thursday, Friday...... 9:30 am to 4:00 pm

PASTORAL CARE:

SOCIAL MISSION:

Care for Creation: Mireille Church <u>creation@ottawacornwall.ca</u>

Development and Peace: Liz Murphy (613) 619-4413

Pro-Life: Betty Ann Ferguson (613) 592-1793

Refugee Committee:

Saint Vincent de Paul Society: Patrick Nzobo Call Parish office Indigenous Peoples Committee:

Tony Ritchieritchieanthony3@gmail.com

ORGANIZATIONS / GROUPS IN THE PARISH:

Catholic Charismatic Renewal Prayer Group:

 Heart of Worship:
 Call Parish office

 Homeschool Ministry
 sarah.rolheiser@gmail.com

 Knights of Columbus:
 Wayne Watts
 (613) 852-0094

 Legion of Mary: • Adult: Balsam Blejani-Khalaf
 (613) 599-2723

 • Junior (6-16): Sarah Rolheiser
 (613) 435-2478

 Library: Greg Kam
 (613) 863-6314

 Prayer Shawl: Margaret Donahue
 (613) 836-7619

Young Adults: Sarah Groulx youngadulthr@gmail.com Young Adult Hiking Group: father.connor@outlook.com



Hello! Welcome to Holy Redeemer Parish!

If you are new to our Parish Community, please make sure to drop by our 'Welcome Area' in the vestibule! If you would like to register as a parishioner, please visit our website and click "I'm New", or scan the QR code. We're delighted you've joined us!



PASTOR'S CORNER

'Make straight the paths of the Lord.' – Mark 1:3

On this second Sunday of Advent, we have John the Baptist, a prophet sent by God. John was the voice crying in the wilderness: "Prepare the Way for the Lord, make His path straight." John was blunt in delivering his message to the Israelites. The same message he has for us today. He challenges us to turn to the Lord; to repent. And the auestion is:

Do we repent? Do we seek the way of the Lord?

Turn to the Lord

To repent and to seek the way of the Lord means to follow Him on His own terms and not on our own terms. Sometimes we find it hard to open up to God; to give Him permission to take full possession of our life which is what conversion is all about.

During this Advent, let us ask ourselves:

What part of my life do I find difficult to surrender to God? What is it that is stopping me? Is it fear? Is it undue attachment to worldly pleasures?

Today more than ever, God, through John the Baptist, is calling all people, including you and me, to repentance.

God of Consolation

Our God is a God of all consolation!

Listen again to the opening words of today's First Reading:

This is our God! The entire passage overflows with His warmth and love. He loves us through and through and has called us to follow Him in other to enjoy the fullness of life.

Our Parish family

As we progress on our Advent journey leading to Christmas, I invite you all to reflect on the importance of the family and family prayer. During this Advent, please join me in praying for all families, especially those in our community, who may be struggling during this time. May we place our hope in our Lord Jesus Christ who is coming to save us.

As noted by Pope Benedict XVI, "In these days the liturgy constantly reminds us that 'God comes' to visit His people, to dwell in the midst of men and women, and to form with them a communion of love and life – a family."

Advent Penance Service

Our Advent Penance Service is THIS Wednesday. December 13th at 7 pm. Going to confession, for me, is the best way to prepare for Christmas.

Come and experience the mercy of God in this wonderful Sacrament. There will be quite a few priests who will help with confessions.

Maranatha! Come, Lord Jesus, come and be born in our hearts.

Fr. Paul

MASS READINGS

Second Sunday of Advent:

Isaiah 40:1-5, 9-11; 2 Peter 3:8-14; Mark 1:1-8

Monday: Isaiah 35:1-10; Luke 5:17-26

Tuesday: Zec 2:10-13; Rev 11:19a, 12:1, 3-6a,

10ab: Luke 1:39-47

Wednesday: Isaiah 40:25-31; Matt 11:28-30

Thursday: Isaiah 41:13-20; Matt 11:11-15

Friday: Isaiah 48:17-19; Matt 11:16-19

Saturday: Sirach 48:1-4, 9-11; Matt 17:10-13

Third Sunday of Advent:

Isaiah 61:1-2a, 10-11; 1 Thess 5:16-24;

John 1:6-8, 19-28

SACRAMENTS and ADORATION

Baptism: Three (3) months notice required to complete Sacramental preparation.

Marriage: 6 months notice required before proposed wedding date.

Reconciliation (also by appointment):

Monday, Tuesday, Thursday, Friday: 8-8:45 am;

Wednesday: 6-6:45pm; Saturday: 4-4:45 pm; Sunday: 6-6:45pm

Sacrament of the Sick / House Blessings: Please phone the office.

Adoration: Please note, at times we will have to cancel Adoration due to funerals, etc. Please check the website or call the office to confirm hours:

- ₱ ALL-NIGHT VIGIL: 1st Friday 8:00 pm to 1st Saturday 8:45 am
- ₱ Monday, Tuesday, Friday: 8:15 am-8:45 am
- → Wednesday: After Mass (to pray for Vocations)
- 🕆 Thursday (after Mass) 9:30am to 3:30pm (with 3pm Great Hour of

Parish Mission Statement:



Our Community lives the Way, the Truth, and the Life, by reaching out with the Good News to Welcome, to Serve and to Care.

Parish Theme: Go and make disciples of all nations. (Matthew 28:1)

MASS INTENTIONS

SECOND SUNDAY OF ADVENT		
Saturday December 9	5:00 pm	†Rosemay Ah-yuen, Thérèse Chung, Rosemay Wan-Kam by the Wan-Kam Family †Barbara Baker by Connie Baker †Emmett Shields by Atul and Francine Dilawri †Frank Flaman by Bernadette Garritty †Yolande Nader by Carol Reynolds and Family †Webb Watson by Paulette LaForce †Sister Patricia Orban by Father John Orban
Sunday December 10	9:30 am 11:00 am	†Jane Gaul by Elsie Moffat †John Stewart Dawes Sr. and deceased members of the Dawes Family by Norma Dawes †Giovanni Pagan by Rita Murphy †Anne Marie Goodman by the Family †Lenny Lemenchick and Denis Payette by Ginette and Family †Emmett Shields by Jane Hearty †Dr. Othwar Scheibler by Cathy Enright In thanksgiving by John and Lorna Ring †Françoise Dagenais by the Family †James Carter Johnson by David and Cristina Johnson Intentions of the Parish Community
Monday December 11	9:00 am	†Thomas Lai Nguyen, Maria Xanh Truong and the Holy Souls in Purgatory by the Family
Tuesday December 12	9:00 am	Intentions of the Kostyniuk Family by Ambra and Tim
Wednesday December 13		(Mass added) Intentions of the children and grandchildren of the Praying Moms Prayer Group → ADVENT PENANCE SERVICE – this is not a Mass – Service only (Several Priests will be available to hear Confession)
Thursday December 14	9:00 am	In thanksgiving for blessings received by John and Lorna Ring
Friday December 15	9:00 am	†Teresa van Zutphen by Rosemary and Paul Kelly
THIRD SUNDAY OF ADVENT		
Saturday December 16	5:00 pm	†Barbara Baker by Connie Baker †Dawn Berrigan by Atul and Francine Dilwari †Donald Fernandes by Clyde and Shaila D'Souza †Frank Flaman by Bernadette Garritty †Yolande Nader by Carol Reynolds and Family †Webb Watson by Joanne and Roy McSheffrey †Madeleine Riordan by James In thanksgiving to St. Jude by Bonnie Switzer
Sunday December 17	9:30 am 11:00 am	†Lenny, Carmel and Jim Lemenchick by Ginette and Family †Emmett Shields by the Legion of Mary †Kim-uyen (Lucy) Vu-Chang by Suzanne Michal Intentions of the Parish Community



PRAYERS FOR THE SICK: Please pray for the sick among our families and friends, especially Luz Elena Ocampo, Diana Froh, Hiep Vuong, Dan Rivet, Fr. Bob Poole, Anne Louise L., Homeless people with disabilities, Bob Gemmell, Gene Szabo, Mallory McPherson, Maryanne Mason, Edgar Velez, Lisa Carter, Catherine Levasseur, Kim Vardon, Marie Jarrett, Nancy Campbell, Catherine and Steven Offierski, Diana Codogno, Suzanne Bisson, Marilisa Gronzotto, Monica Sale, Michael Sauro, Gladys Buermans, Hedy Stoqua, Andrew Jacob, Jimmy Bot, Bev Murphy, Aldina P., Tina Dory, Art Wallace, Joseph Gunsberg, Giovanni Magliocco, Rhys Cox, the Beaulne Family, Ava Ebner, the Halaj Family, Zahra Ziaei, Kristin Wilson, Ken Kraglund, Dorothy Voldock, Alfredo Michelena, Mounira Abi-Aad, Flora Pirez, Mary Lou Oram, Franca Cervo, Martha Klump, Maria Pirrone,

Ches Power, Marcel Morin, Dan Cillis, Rauel Carvalho, Ronald Malcolm. **PRAYERS FOR THE DECEASED:** Let us pray for deceased family and friends in our Parish Community, especially Monsignor Peter Schonenbach, Rob Russell Farrow, Jennifer Barlow, and Margaret Secord.



THE HOLY FATHER'S PRAYER INTENTIONS <u>FOR DECEMBER</u> – Let us pray for persons with disabilities. We pray that people living with disabilities may be at the center of attention in society, and that institutions may offer inclusive programs which value their active participation.

PARISH HAPPENINGS ...

MORNING OF RECOLLECTION **FOR WOMEN:** Following the 9:00 am Mass THIS Friday, December 15, an Advent Recollection for



women will be offered at Holy Redeemer from 9:45 am to Noon. It will be led by Fr. Salvado Rego, a Priest of the Prelature of Opus Dei, and inspired by the writing of St. Josemaria Escriva, founder of Opus Dei.

The morning will include Exposition of the Blessed guided prayer, examination of conscience, Confession and Benediction, followed by a talk in the Hall. All women of the Parish are welcome. For any questions, please contact 613-808-1947: Christine Muggeridge at soprano61@sympatico.ca.

THE FALL SESSION OF BIBLE STUDY IS NOW COMPLETE! What a wonderful turnout! Thank you to everyone who participated!



RECENTLY UPGRADE YOUR CELL PHONE? Wondering what to do with your old SMART Phone?! Fr. Paul is collecting used SMART PHONES (clear of data and, if

possible, accompanying charger) to bring with him to Nigeria this winter. Phones can be dropped off at the parish office during the week from 10AM to 4PM (closed Wednesdays), or given to Fr. Paul after Mass.

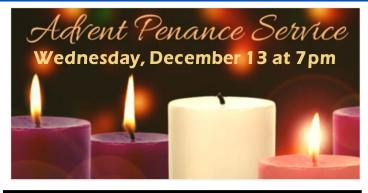
Catholic Women's League **Christmas Basket Raffle!**



Raffle tickets will be sold after all the Masses THIS weekend, December 9th and 10th:



Tickets: 1 for \$5.00 3 for \$10.00 8 for \$20.00



Campaign Life

2023 CHRISTMAS FUNDRAISER

THIS weekend - December MONKS OF VAL 9/10 and next - December 16/17, Campaign Life Coalition will be selling their delicious cakes and treats in vestibule after Masses.





These treats are made using traditional recipes by the Cistercian Monks of Val Notre Dame Abbey (formerly Oka).

- Christmas Cakes (600 g): \$25 or 2 for \$45
- Gift Boxes Sweet and Savoury: \$23 \$28
- . Chocolates: \$28
- Jams, Jellies, Caramel Spreads: \$10 \$13.50
- . Religious Christmas Cards:
 - \$10/pkg of 10 or 2 pkgs for \$18.

For more information or to order by phone, please call the CLC office at 613-729-0379 or email chris@clife.ca or debbie@clife.ca to place your order. If you prefer to have the treats delivered right to your door (but at a higher cost which includes shipping) contact https:// www.abbayevalnotredame.ca/pages/campaignlife-page. Thank you for your continued support and dedication to life from conception to natural death.



Holy Redeemer Cha<mark>ri</mark>smatic Prayer Group

Presents ...

Christmas Love Feast Thanksgiving

Theme: Agnus Dei

Praise and Worship, Testimonies and Refreshments

Monday, December 18 at 7PM Church Hall ... everyone is invited!

SACRISTANS NEEDED!



Additional Sacristans are required for:

- > ALL Weekday Masses, and
- > Sunday 8am and 9:30am Masses.
- What do we do? Prepare and clean up liturgical elements of the Mass (hosts, vessels, linens, books, candles, etc.)
- What is beautiful about this role? Working with sacred items; background service for fellow parishioners.
- What qualities are needed for this role? Ability to learn vocabulary and protocols; confident with simple arithmetic; confident reading written instructions; a desire to be helpful to fellow parishioners.
- ◆ Training: Two sessions, each 1-2 hours long and followed by supervised practice.
- Time commitment: Approximately two hours (including attending Mass) every 2-3 weeks.

More information: You can view <u>an online 10-minute</u> "information session" here.

Next step: Contact Matthew Bisson (613-769-1767 or matthew.r.bisson@gmail.com). We'll discuss the role and see if it's a good fit for you.

Development and Peace – Caritas Canada: Thank you for standing for the land!

Thousands of Canadians signed the letter in solidarity with our sisters and brothers in Honduras who are protecting their water and fighting for their rights.



The Create Hope – Stand for the Land campaign aims to collect 32,000 signatures by February 25, 2024. A delegation of Development and Peace Caritas Canada members and staff will then meet with the Honduran ambassador to Canada to show our support and solidarity.

On behalf of all those struggling to preserve their land, their water, their culture and their lives, Development and Peace Caritas Canada thanks you for your continued commitment and mobilization. Together, we are building a world of justice.

- ☑ To sign our petition and to continue supporting our campaign, visit devp.org/act.
- ☑ To become a member and support our mission, visit <u>devp.org/joinus</u>.



PARISH VOCATION MINISTRY - HOUR OF EUCHARISTIC



ADORATION: Join us <u>every Wednesday</u> evening following the 7:00 pm Mass, as we pray for an increase in the response to God's call to the priesthood, diaconate, religious life, consecrated life, and marriage.



PILGRIM VIRGIN OF OUR LADY OF FATIMA HOME VISITATION PROGRAM: Holy Redeemer's Legion of Mary invites parishioners to reserve a home visit of the Pilgrim Virgin Statue of Our Lady of Fatima for a one-week period. To arrange a visit of Our Lady to

your home, contact Balsam Blejani-Khalaf (613-599-2723; bblejanikhalaflom@gmail.com).

PUBLIC ROSARY ACROSS CANADA



<u>WHY</u>: To entrust the whole world to Our Lady, and to ask Her to intercede for our province, our country, and the world. <u>WHERE</u>: Outside by the parish office door, in front of Our Lady's statue.

WHEN: Every Wednesday at 6:15 PM before

Mass, we join in prayer with parishes across Canada.

PRAYER SHAWL MINISTRY: Did you know that Holy Redeemer is blessed to have a ministry that makes beautiful prayer shawls for people in our community who are in need of a prayer and a hug to comfort them through their



trying times? We have shawls for men, women, children as young as preemies, in various colours and patterns! – If you know anyone who could benefit from this free service, please reach out to Margaret Donahue (hrprayershawlmin@gmail.com; 613-836-7619), and she will make arrangements to connect and provide you with one of these beautiful, hand-made gifts to brighten someone's day.

CATHOLIC WOMEN'S LEAGUE (CWL) PRAYER BOX: We invite you to place your intentions in this prayer box and CWL members will raise them in



prayer on your behalf. Rest assured that we will never open your papers, nor read your words. We pray fully in the trust that our Lord knows your needs. The papers are burnt unopened at month end.

CATHOLIC TUTOR AVAILABLE



A Catholic teacher is available for tutoring and homework help. She has a Master's degree in Education, specialist certification in Special Education, is very successful in helping children struggling with reading,

writing and mathematics and can also teach children French and ESL. If interested, please email Teresa at terryannkeogh@gmail.com. Spaces are limited and priority will be given to children with learning disabilities.



Saint Vincent de Paul Ottawa Central Council

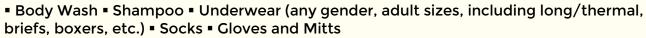
Serving the poor with love, respect, justice, hope and joy!



1. SSVP ANNUAL "CHRISTMAS SOCK" CAMPAIGN:

Thank you to everyone who picked up a pair of socks last weekend. Please remember to return the filled socks to the vestibule <u>no later than</u> NEXT weekend, **Dec 16/17.** Here are some urgent toiletry needs:







2. "CATCH THE ACE" LOTTERY - ROUND 4!

Thank The Ottawa Central Council (OCC) of the Society of Saint Vincent de Paul is pleased to announce Round 4 of the weekly Catch the Ace lottery. The first draw will take place on Tuesday, January 9, 2024 and every Tuesday after that until the Ace of Spades is drawn.

Tickets can be purchased now (online only) for \$10. These can make great Christmas gifts and stocking stuffers for adult family members, friends and neighbours. Proceeds of this lottery support



the Multifaith Housing Initiatives for affordable, safe and permanent housing for Indigenous and new Canadians. For details and to start playing, go to https://ssvpottawa.ca/. Thank you for your support!

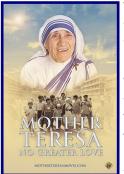


Knights of Columbus – "Our Faith in Action"
Holy Redeemer Council #9544 | www.koc9544.ca

Making Good Men Great!



Knights of Columbus is hosting a Movie Night! Saturday, December 9th at <u>7:15PM</u> in the Parish Hall 'Mother Teresa – No Greater Love'



We are inviting all parishioners with their families to attend and enjoy this production sponsored by the Knights of Columbus Supreme.

This production is a unique film that reveals not just who Mother Teresa was, but how her singular vision to serve Christ through the poor is realized to this day, through the religious order she founded, the

Missionaries of Charity. *Refreshments and popcorn* will be available! Come out and enjoy the evening.

Knights of Columbus ANNUAL

CHRISTMAS TREE SALE

north end of the Church parking lot!



BALSAM FIR TREES Regular Size: \$65.00

Over 7 feet: \$75.00 (\$10 extra for delivery

(\$10 extra for delivery to customer's front door)

Sale times: Monday to Friday 4 - 8 pm; Saturday 10 am - 6 pm; Sunday 12 - 6 pm.

Payment options include e-transfers to <u>clarencemaheral@gmail.com</u>.

KUDO's and a heart-felt thank you was received by the Catholic Center for Immigration Ottawa! Thank you to all our Knights of Columbus and everyone who participated in the 'Coats for Kids' fundraiser! Holy Redeemer's Knights were able to deliver 4 boxes with 48 winter coats, hand knit mittens, hats, and scarves to the Catholic Center for Immigration ... amazing work!



ADVENT RECONCILIATION SERVICE

Wednesday December 13 @ 7:00pm

4TH SUNDAY OF ADVENT (SUNDAY OBLIGATION)

Saturday December 23 @ 5:00PM Sunday December 24 @ 8:00AM, 9:30AM, 11:00AM

CHRISTMAS EVE (CHRISTMAS OBLIGATION)

Sunday December 24 @ 4:00PM (with incense), 6:00PM (with incense), 8:00PM (no incense), 10:00PM (with incense), Midnight (with incense)

CHRISTMAS DAY (CHRISTMAS OBLIGATION)

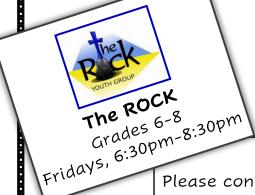
Monday December 25 @ 9:00AM (with incense), 11:00AM (no incense)

HOLY FAMILY (SUNDAY OBLIGATION)

Saturday December 30 @ 5:00PM Sunday December 31 @ 8:00AM, 9:30AM, 11:00AM

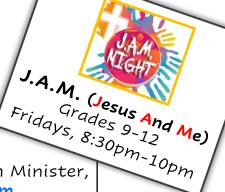
SOLEMNITY OF MARY, HOLY MOTHER OF GOD (HOLY DAY OF OBLIGATION)

Sunday December 31 @ 7:00 PM (Vigil, with incense) Monday January 1, 2024 @ 9:00AM, 11:00AM



Youth Group

EVERY Friday!



Questions? More Info?

Please contact our INCREDIBLE Youth Minister, Cathy Koss: hryouth@icloud.com



The Young Adults Group have resumed meeting bi-weekly in the Church Hall from 5PM to 6:30PM. Next meeting ...



Sunday, December 10

If you are between the ages of 19 and 36, you are welcome to join our bi-weekly meetings for fellowship, faith formation pizza! Contact Sarah at youngadulthr@gmail.com for more information.



Every Sunday at the 9:30AM AND 11:00AM!

YOUNG ADULTS HIKING GROUP

Join Father Connor on a hike and enjoy some fellowship and the beauty of God's creation.

If you, or someone you know is interested, and between the ages of 16 and 35, please email Fr. Connor at father.connor@outlook.com.



AROUND THE DIOCESE

PRAYERS FOR MORE! Needing to hear what Father God thinks of you? Join us for Prayers for More! Be filled up this Advent with the Lord's personal word for you. Over zoom, we will gather together, praise the Lord, and receive individual prayer ministry in breakout rooms by trained prayer ministers. Come receive the Lord's heart for you! Let us know if you can make it: https:// servantsofthecross.ca/engage/i-am-more/ December 22, 7:30 - 9:00pm ET Zoom. See flyer in the vestibule for more info.

ARE YOU NIGERIAN? IGBO? CATHOLIC?

Join the Igbo Catholic Community for Mass (in the Igbo language!) on the LAST SUNDAY of EVERY MONTH at St. Peter's Parish, 1640 Heatherington Road at 1:30 PM. Mass is followed by fellowship and refreshments in the Church Hall. Chaplain - Fr. Paul Nwaeze; Coordinator - John Anoliefo (289-988-2696); Info: info@igbomass-ottawa.ca.



Is the Lord calling you to serve Him as a priest?

other men discerning priesthood for monthly formation, fellowship, and Eucharistic Adoration. Each night will be held at the new Café des Tours. located in the basement of Notre Dame Cathedral in Ottawa.

To join the Quo Vadis email list or for more information, contact Fr. Connor O'Hara, the Vocations Director for the Ottawa-Cornwall Diocese vocations@ottawacornwall.ca.

70% of spouses don't know the details of their partner's final wishes

Start the conversation. Call: 613-591-6580



Kelly Funeral Home Kanata Chapel by Arbor Memorial

kellyfh.ca/Kanata Arbor Memorial Inc

Kevin Sawyer LLB, BCL

General Practice

Lawyer & Notary

613-265-8317

kevinsawyer@sawyerlaw.ca

www.sawyerlaw.ca



613-728-1761 hpmcgarry.ca

Stay connected with us:



Hulse, Playfair & McGarry

Bookkeeping & Consulting

Georgia Gabriel-John (613) 986-0648

info@geomarkbookkeeping.com

www.geomarkbookkeeping.com

ttawa

City of Ottawa

110 Laurier Avenue West Ottawa, ON K1P 1J1 tel.: (613) 580-2752 Allan.Hubley@ottawa.ca www.CouncillorAllanHubley.ca

@allanhubley_23 nallan.hubley.5

JUST LIKE FAMILY

H

ME CARE

613.435.5558

555 Legget Dr. Tower A, Suite 304

Kanata, ON K2K 2X3

ottawa@justlikefamily.ca

www.justlikefamily.ca

Care services for Seniors in private homes, assisted and independent living facilities.

Big enough to make a difference, small enough to care

ALLAN HUBLEY COUNCILLOR, KANATA SOUTH WARD



Team Realty

mary@marynute.com 613.592.6400

Cell 613.791.2540 Fax 613.592.4945 484 Hazeldean Rd.

Kanata, ON K2L 1V4



Scottish Restaurant & Dub

1010 Stittsville Main Saint Stittsville, ON K2S 1B9 John McConville, Owner/Operator 613-836-5622; www.theglen.ca

DANNY NAILS & SPA

Terry Fox Plaza 500 Hazeldean Road, unit 110 Kanata ON K2L 2B5 www.dannynailsspa.ca BUSINESS HOURS MON-FRI 9:30AM = 7:30PM SATURDAY 9:30AM = 6PM SUNDAY 10:00AM = 5PM

3-836-8819

Martin Manadan **Accounting & Tax** (613) 909-3184



Personal and Business Tax Returns

for Small Businesses 1902 Robertson Road, Suite 210B

www.ManadanAccounting.com



David Gallagher FIC, CPCA Field Agent 613.422.3117

david.gallaher@kofc.org

LIFE INSURANCE | LONG-TERM CARE INSURANCE RETIREMENT ANNUITIES | DISABILITY INSURANCE

PROTECTING CATHOLIC FAMILIES SINCE 1882.



Accounting Service

NAME OF THE PROPERTY OF THE PR SERVICES Ltd.

Pickup & Delivery

RESIDENTIAL • COMMERCIAL WE ARE COVERED BY INSURANCE AND WSIB 500 Hazeldean Road, Unit 110, Kanata Tel: (613) 793-5678

DannymovingservicesItd dannymovingservicesltd@gmail.com www.dannymovingservicesltd.com

EXPERIENCE THE *Difference* at



The Bradle

Gracious Retirement Living

130 Goulbourn Forced Rd, Kanata, ON K2K 0K6

613-801-3804

Joy Health & Research Centre

Kafui Sawyer, M.A. (Couns. Psych.) Registered Psychotherapist

Clinical Supervisor Mental Health Consultant

Tel: 613-890-PSYC (7792) Email: kafuisawyer@joyfrc.com www.joyhrc.com

Specialist in Dialectical Behaviour Therapy Trauma (PTSD) and Addictions Recovery Child, Youth, and Family Therapy Resiliency, Training, and Research



CHURCH SUPPLIES • RELIGIOUS ARTICLES FOURNITURES D'EGLISE•ARTICLES RELIGIEUX Unit 209-2310 St. Laurent Blvd.

Tel: (613) 745-1537

info@liturgica.ca www.liturgica.ca

Bridlewood



90 Michael Cowpland Dr. (at Eagleson)

613.599.7447

www.homehardware.ca

BRADLEY

KAREN BRADLEY

Financial Organization Lifestyle Transition, Estate Settlement

613-868-2751

karen@bradleyplanning.ca www.bradleyplanning.ca





HEARTY LAW

KNOWLEDGEABLE | EFFECTIVE | PROFESSIONAL For all your wills, estates and family law

> Heartylaw.ca (613) 421-5629 admin@heartylaw.ca

Automotive

Bob Lavergne Technician

613.591.3059

660 Eagleson Road Kanata, Ontario K2M 1H4



EVA ATHARI Realtor

D.613.295.1311 O.613-596-5353

eva.athari@hallmarkottawa.com remaxhallmark.com





L.A. SICOLI MASONRY & RESTORATION

- √ Chimney Repairs
- Interlocking Stone
- Stone Foundation **Custom Stone Work**
- √ Window Sills
- √ Parging
- √ Cultured Stone
- √ Flagstone √ Repointing √ Wall Repairs

Luciano Sicoli, Company Owner (613) 859-4684 FREE Estimates





Naijā Village Pot 226-501-6039

Local Nigerian delicacies Okpa, Ukwa, abacha, nkwobi, pepper soups, moin-moin asun, isi-ewu, firewood jollof rice ... and more! Call now!



500 Hazeldean Rd., Unit 110 Kanata ON K2L 2B5 Tel: 613-853-0010

Dannytrancleaningservicesinc ☑ Dannytrancleaningservicesinc@gmail.com www.dannytrancleaningservicesinc.com



Dr. Erin McLaughlin **Dr. Pierre Paradis** 613-831-9665

hazeldeanchiropractic.com