

HOLY REDEEMER CATHOLIC CHURCH

Address: 44 Rothesay Drive, Kanata, ON K2L 2X1

Telephone: 613-836-1764; Website: www.holyredeemer.ca



6TH SUNDAY IN ORDINARY TIME ~ February 11, 2024

'Jesus touched the man with leprosy and he was cured.' – Mark 1:41

MASS SCHEDULE

Sunday Liturgy Mass Times

Saturday Vigil: 5:00 pm
Sunday: 8:00 am, 9:30 am, 11:00 am and 7:00 pm

Weekday Mass Times

Monday, Tuesday, Thursday and Friday: 9:00 am
Wednesday: 7:00 pm
1st Saturday of the Month: 9:00 am

Adoration

1st Friday 8:00 pm to 1st Saturday 8:45 am (*All-Night Vigil*)
Monday, Tuesday and Friday: 8:15–8:45 am
Wednesday: After 7pm Mass
Thursday: After 9am Mass (9:30 am–3:30 pm)
(with 3:00 pm Hour of Great Mercy Devotion)

Reconciliation (or by appointment)

Monday, Tuesday, Thursday, Friday: 8:15–8:45 am
Wednesday: 6:15–6:45 pm
Saturday: 4:00 pm–4:45 pm
Sunday: 6:00 pm–6:45 pm

PASTORAL COUNCIL

Chair: Matthew Bisson (613) 769-1767
Co-Chair: Erin Kinsella erinkinsella@live.ca
Secretary: Nick Rolheiser n.rolheiser+holyredeemer@gmail.com
Finance Operations Chair: Art Lamarche (613) 592-4820
Safe Environment: John Gaudet (613) 800-1833

LITURGICAL MINISTRIES

Adoration:
▪ Thursday (9:30am-3pm) ~ Sharon Stuyt (613) 838-5578
▪ 1st Friday Vigil ~ Jeremy Eckert ... communications@holyredeemer.ca
▪ Wednesday Holy Hour for Vocations ~ Erin erinkinsella@live.ca
Altar Servers: Paola Pacheco paopac@yahoo.com
Altar Guild: Lee Armstrong (613) 831-1075
Catechesis of the Good Shepherd:
Kim Baudouin (613) 884-8475
Children's Sunday Liturgy: Cathy Koss hryouth@icloud.com
Extraordinary Ministers of Holy Communion:
Peter Fortier pete.fortier@gmail.com
Lectors: Kevin Sawyer kevin.sawyerkj@gmail.com
Sacristans: Matthew Bisson (613) 769-1767
Ushers: Samuel Bonti-Ankomah (613) 271-6303
Vocations Ministry: Erin Kinsella erinkinsella@live.ca

PASTORAL CARE

▪ Joanne Williamson (613) 884-2106
▪ Julie Farrow willowfarrow@gmail.com

SACRAMENTAL FORMATION

Baptism Preparation Course reception@holyredeemer.ca
Franca Walsh (Ministry Lead) (613) 836-2219
Christian Initiation of Adults (RCIA):
David Dupuis (613) 709-5065
Christian Initiation of Children (CIC):
Sharon Groulx cic@holyredeemer.ca
Marriage Preparation Course reception@holyredeemer.ca

MUSIC MINISTRY (CHOIRS)

Saturday 5:00 pm: Roberto Solis (613) 410-4904
Sunday 9:30 am: Roberto Solis (613) 410-4904
Sunday 11:00 am: Eddie Deogrades edeo@rogers.com
Sunday 7:00 pm: Erin Kinsella erinkinsella@live.ca
Funeral Choir: Jeanne Joinette (613) 868-9354

CLERGY

- Pastor: Fr. Paul Nwaeze: pnwaeze@holyredeemer.ca
- Associate Pastor: Fr. Connor O'Hara: father.connor@outlook.com
- Associate Pastor: Fr. Steven Gaudet fr.stevengaudet@gmail.com
- Deacon: Rev. James Kubina: jgkubina@gmail.com
- Deacon: Rev. Mike Doherty: midoherthy1952@gmail.com

OFFICE STAFF

- Coordinator of Temporal Works
Maureen Brannan: ctw@holyredeemer.ca
- Communications Coordinator
Jeremy Eckert: communications@holyredeemer.ca
- Evangelization Coordinator
Teresa Kargul: evangelization@holyredeemer.ca
- Receptionist:
Paola Pacheco: reception@holyredeemer.ca
- Administrative Assistant
Kim Jennings: admin@holyredeemer.ca
- Youth Minister ~ Cathy Koss: hryouth@icloud.com

OFFICE HOURS – CLOSED on Wednesdays and weekends

Monday, Tuesday, Thursday, Friday 9:30 am to 4:00 pm

SOCIAL MISSION

Care for Creation: Mireille Church creation@ottawacornwall.ca
Development and Peace: Liz Murphy (613) 619-4413
Pro-Life: Ambra Kostyniuk (613) 271-1264
Refugee Committee:
▪ Mary-Lou Hakansson (613) 592-3530
▪ Cathy Deogrades (613) 558-9889
Saint Vincent de Paul Society: Patrick Nzobo .. *Please call the office*
Indigenous Peoples Committee:
Tony Ritchie ritchieanthony3@gmail.com

ORGANIZATIONS / GROUPS IN THE PARISH

Bereavement: Kafui Sawyer hbereavement@gmail.com
Bible Study: Darren Laval (613) 852-9966
Catholic Charismatic Renewal Prayer Group:
Justin holyredeemerprayergroup@gmail.com
Catholic Women's League: Lillian Delmas delmas@rogers.com
Couples for Christ: Edgar Acosta (613) 315-0702
Cursillo: Marc Bélanger (613) 836-2874
Decorating Ministry: Sharon Stuyt (613) 838-5578
Divine Mercy Cenacle: Norma Dawes (613) 435-3469
Gardening Angels: Bev Murphy (613) 591-3989
Heart of Worship: *Please call the Parish office*
Homeschool Ministry sarah.rolheiser@gmail.com
Knights of Columbus: Wayne Watts (613) 852-0094
Legion of Mary:
▪ Adult: Balsam Blejani-Khalaf (613) 599-2723
▪ Junior (6-16): Sarah Rolheiser (613) 435-2478
Library: Greg Kam (613) 863-6314
Prayer Shawl: Margaret Donahue (613) 836-7619
Restore: Hailey Krol (613) 315-9403
Religious Articles for Sale: Germaine Gaudet (613) 435-1084
Youth Group: Cathy Koss hryouth@icloud.com
Young Adults: Sarah Groulx youngadultthr@gmail.com
Young Adult Hiking Group: father.connor@outlook.com



Parish Mission Statement: *Our Community lives the Way, the Truth, and the Life, by reaching out with the Good News to Welcome, to Serve and to Care.*

Parish Theme: *Go and make disciples of all nations. (Matthew 28:1)*

MASS INTENTIONS

6TH SUNDAY IN ORDINARY TIME

<u>Saturday February 10</u>	5:00 pm	†Aldina Pirrone 9th Anniversary of her passing by Domenic and Maria Pirrone †Michel Lim, Jean Lim and Christina Ah-yuen by Josée Wan-Kam Intentions of Mary Lou Oram by the Family Birthday Blessings for Alondra Marquez by the Acosta Family
<u>Sunday February 11</u>	8:00 am	†Florence Aguinaga by Wayne and Marnie Somers †Deceased members of the Faulkner and McEachern Families by Sylvia and Lyle Faulkner †Connie Fasset by Cathy Enright †Elaine Cardenal by John and Germaine Gaudet Intentions of Jasmine Rebecca Miller by Kim Peppiatt In thanksgiving and healing of Anne-Louise by the Family
	9:30 am	In thanksgiving by Jenurius, Jenifer and Jacob
	11:00 am	Wedding Anniversary Blessings by Ghislain Bazinet
	7:00 pm	For the Parish Community
<u>Monday February 12</u>	9:00 am	†Joseph Hung Pham by the Pham Family †John Jennings by Kim †Jerry Oram by Mary Lewis †Helen Sue Gorman by Fitz and D'Arcy Grant †Bonifast Challenger by Kathleen Shields Intentions of Anne and John McDougall by Mary Lou Oram
<u>Tuesday February 13</u>	9:00 am	†Emmett Shields by Bernie and Wanda Hartlin



ASH WEDNESDAY February 14

<i>Mass added →</i>	9:00 am	†Emmett Shields by Al and Bonnie Reid
	7:00 pm	Wedding Anniversary Blessings for Kim and Philippe Baudouin and for the living and deceased relatives of the Family

<u>Thursday February 15</u>	9:00 am	†Raymond Smit by a parishioner
<u>Friday February 16</u>	9:00 am	†Father Mark Beard by Tim and Ambra Kostyniuk

1ST SUNDAY IN LENT

<u>Saturday February 17</u>	5:00 pm	†Gene Szabo by Bernie and Wanda Hartlin
<u>Sunday February 18</u>	8:00 am	†Florence Aguinaga by Ehman and Family
	9:30 am	For the Parish Community
	11:00 am	†Helena Golob by the 11:00am Mass Choir †Beth Picard by the Knights of Columbus Council No. 9544 †Nicholas Zaionchkovsky and Monica Docena by the Zaionchkovsky Family †Henri Aubé by Ginette Dagenais and Family Intentions of Balsam Blejani and Family by Helen Chan Birthday Blessings for Natalia, Heidi and Jasmine Jarocki by the Family Birthday Blessings for Luc Davesne by the Khalaf Family
	7:00 pm	†Michael Sauro by Ariane Delmas



PRAYERS FOR THE SICK: Please pray for the sick among our families and friends, especially Ian McLellan, Fernando Torres, Lisa Carter, Catherine Levasseur, Andrew Beyer, Mary Lou Oram, Hedy Stoqua, Serge Gagnon, Luc André Sabourin, Nikita Sabourin, Rebecca Gagnon, Sam Gagnon, Helen Fernihough, Ian Ketelaars, Chantal D., John Kelly, Carlos Arturo Gallego Henao, Alfredo Michelena, Luz Elena Ocampo, Diana Froh, Hiep Vuong, Dan Rivet, Fr. Bob Poole, Anne Louise L., Homeless people with disabilities, Bob Gemmell, Mallory McPherson, Maryanne Mason, Edgar Velez, Kim Vardon, Marie Jarrett, Nancy Campbell, Catherine and Steven Offierski, Diana Codogno, Suzanne Bisson, Marilisa Gronzotto, Monica Sale, Gladys Buermans, Andrew Jacob, Jimmy Bot, Bev Murphy, Aldina P., Tina Dory, Art Wallace, Joseph Gunsberg, Giovanni Magliocco, Rhys Cox, the Beaulne Family, the Halaj Family, Zahra Ziaei, Kristin Wilson, Ken Kraglund, Dorothy Voldock, Mounira Abi Aad, Flora Pirez, Franca Cervo, Martha Klump, Maria Pirrone, Ches Power, Marcel Morin, Dan Cillis, Raul Carvalho, Ronald Malcolm.



PRAYERS FOR THE DECEASED: Let us pray for deceased family and friends of our Parish Community, especially David Mallett.

THE HOLY FATHER'S PRAYER INTENTIONS FOR FEBRUARY – Let us pray for the terminally ill. We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment.



Hello! Welcome to Holy Redeemer Parish!

If you are new to our Parish Community, please make sure to drop by our 'Welcome Area' in the vestibule! If you would like to register as a parishioner, please visit our website and click "I'm New", or scan the QR code. *We're delighted you've joined us!*



REFLECTION ~ 6TH SUNDAY IN ORDINARY TIME

*'Jesus touched the man with leprosy
and he was cured.'* — Mark 1:41

In the Old Testament, leprosy is depicted as punishment for disobedience of God's commands (Numbers 12:12-15; 2 Kings 5:27; 15:5).

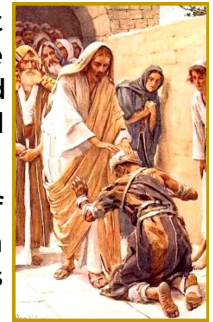
Considered "unclean" – unfit to worship or live with the Israelites, lepers are considered "stillborn," the living dead (Numbers 12:12). Indeed, the requirements imposed on lepers in today's First Reading – rent garments, shaven head, covered beard – are signs of death, penance, and mourning (Leviticus 10:6; Ezekiel 24:17).

So there's more to the story in today's Gospel than a miraculous healing.

When Elisha, invoking God's name, healed the leper, Naaman, it proved there was a prophet in Israel (2 Kings 5:8). Today's healing reveals Jesus as far more than a great prophet – He is God visiting His people (Luke 7:16).

Only God can cure leprosy and cleanse from sin (2 Kings 5:7), and only God has the power to bring about what He wills (Isaiah 55:11; Wisdom 12:18).

The Gospel scene has an almost sacramental quality about it. Jesus stretches out His hand – as God, by His outstretched arm, performed mighty deeds to save the Israelites (Exodus 14:6; Acts 4:30). His ritual sign is accompanied by a divine word ("Be made clean"). And, like God's word in creation ("Let there be"), Jesus' word immediately "does" what He commands (Psalm 33:9).



The same thing happens when we show ourselves to the priest in the sacrament of penance. On our knees like the leper, we confess our sins to the Lord, as we sing in today's Psalm. And through the outstretched arm and divine word spoken by His priest, the Lord takes away the guilt of our sin.

Like the leper we should rejoice in the Lord and spread the good news of His mercy. We should testify to our healing by living changed lives. As Paul says in today's Epistle, we should do even the littlest things for the glory of God and that others may be saved.

— Reflection by Dr. Scott Hahn,
St. Paul Center for Biblical Theology

MASS READINGS

6TH SUNDAY IN ORDINARY TIME:

Lev 13:1-2, 45-46; 1 Cor 10:31—11:1; Mark 1:40-45

Monday: 1 Kings 8:1-7, 9-13; Mark 6:53-56

Shrove Tuesday: 1 Kings 8:22-23, 27-30; Mark 7:1-13

Lent Begins ...

ASH WEDNESDAY: 1 Kings 10:1-10; Mark 7:14-23

Thursday: 1 Kings 11:4-13; Mark 7:24-30

Friday: 1 Kings 11:29-32; 12:19; Mark 7:31-37

Saturday: 1 Kings 12:26-32; 13:33-34; Mark 8:1-10

1ST SUNDAY OF LENT:

Lev 13:1-2, 45-46; 1 Cor 10:31—11:1; Mark 1:40-45

SACRAMENTS and ADORATION

Baptism: Three (3) months notice required to complete Sacramental preparation.

Marriage: 6 months notice required before proposed wedding date.

Reconciliation (*also by appointment*):

Monday, Tuesday, Thursday, Friday: 8—8:45 am;

Wednesday: 6—6:45pm; Saturday: 4—4:45 pm; Sunday: 6—6:45pm

Sacrament of the Sick / House Blessings: Please phone the office.

Adoration: Please note, at times we will have to cancel Adoration due to funerals, etc. Please check the website or call the office to confirm hours:

✠ALL-NIGHT VIGIL: 1st Friday 8:00 pm to 1st Saturday 8:45 am

✠Monday, Tuesday, Friday: 8:15 am-8:45 am

✠Wednesday: After Mass (*to pray for Vocations*)

✠Thursday (after Mass) 9:30am to 3:30pm (3pm Great Hour of Mercy)



SHROVE TUESDAY, February 13

Enjoy delicious pancakes and toppings prepared by our Knights of Columbus!

4PM — 6PM



ASH WEDNESDAY, February 14

9AM and 7PM (both Masses will dispense ashes)



3-DAY PARISH LENTEN MISSION

Directed by: Archbishop Emeritus Terrence Prendergast, SJ

Tuesday, Wednesday and Thursday

FEBRUARY 20 — 22

7PM (*NO Mass)

(*Mass will be celebrated at 9AM on February 20, 21 and 22)



LENTEN PENANCE SERVICE

Wednesday, March 20 at 7PM

(Service only — Not at Mass)

Several Priests will be available for Confession

(9AM Weekday Mass added)



STATIONS OF THE CROSS

Fridays at 7:00 pm

- February 16 Led by the Knights of Columbus
- February 23 Led by Catholic Women’s League
- March 1 Led by Pro-Life Ministry
- March 8 Led by the Legion of Mary
- March 15 Led by St. Vincent de Paul
- March 22 Led by Care for Creation
- Good Friday, March 29 Youth Tableau



HOLY WEEK MASS SCHEDULE

- Monday March 259AM
- Tuesday March 26
 - Parish Weekday Mass9AM
 - Chrism Mass at Notre Dame Cathedral TBA
- Wednesday March 279AM
- Holy Thursday March 287PM
- Good Friday March 29
 - Divine Mercy Novena Day-111:40AM **and** 2:40PM
 - Passion Service 12 Noon **and** 3PM
 - Youth Tableau7PM
- Holy Saturday March 30 (no Confession)8PM
- Easter Sunday March 319AM and 11AM
.....(No 7PM Mass on Easter Sunday)



KNIGHTS OF COLUMBUS

“Our Faith in Action”

Holy Redeemer Council #9544

www.koc9544.ca

Shrove Tuesday Pancakes!

This is it! Last chance to feast before we begin our Lenten Journey on Ash Wednesday, February 14!



Bring your family over to the Church Hall **THIS TUESDAY, FEBRUARY 13th** between **4:00 and 6:00 pm**, and celebrate **Shrove Tuesday** by enjoying a pancake dinner (*free-will offering*) — with blueberries and whipping cream! — generously served up by our very own Knights of Columbus.

To help offset costs, a donation basket will be at the entrance of the church hall for a **free-will offering**, or e-transfer your donation to etransfers@kofc9544.ca, noting ‘Shrove Tuesday Dinner’.

ASH WEDNESDAY

Lent begins **THIS** week on **Ash Wednesday, February 14**. There will be **two (2) Masses** celebrated at **9:00 am** and **7:00 pm**. Both Masses will include the imposition of ashes.



FASTING and ABSTINENCE Norms:

In accordance with the prescriptions of Canon 1253, the Canadian Conference of Catholic Bishops decrees that **Ash Wednesday** and **Good Friday** are obligatory days of fasting and abstinence. **In addition, Fridays during Lent** are obligatory days of abstinence.

Archbishop Marcel Dampousse mandates this observance for the spiritual well-being of the faithful. Norms for fasting and abstinence, unless prevented by poor health, are:


✚ **FASTING** (*one full meal, two small ones; no eating between meals, fluids permitted*), binds those ages 18 to 59.

✚ **ABSTINENCE** (*no meat*), binds those 14 and older, but Catholics may substitute special acts of charity or piety.


2024 LENTEN RETREAT

LIFT UP YOUR HEARTS
FOSTERING COMMITMENT TO CHRIST

FEB. 20TH - 22ND
7:00PM - 8:30PM



Guest Speaker
Archbishop Emeritus
Prendergast



Holy Redeemer Parish
44 Rothesay Drive, Kanata, ON
holyredeemer.ca

COUPLES FOR CHRIST
OTTAWA

CHRISTIAN LIFE PROGRAM
FOR MARRIED COUPLES*



LENT 2024
Holy Redeemer Parish
Saturday 1:00 - 3:00 pm
February 24 - April 20

REGISTER NOW! *it is free!*



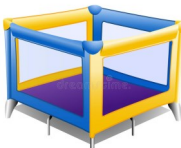
JOIN US IN THIS JOURNEY TO FIND OUT HOW TO MAKE THE BEST OF OUR LIVES AND FAMILY, JUST AS GOD INTENDS.

"BY THIS ALL PEOPLE WILL KNOW THAT YOU ARE MY DISCIPLES, IF YOU HAVE LOVE FOR ONE ANOTHER" JOHN 13:35

★ You can bring your children up to 12yo for a parallel kids program.

fcottawa@coupleforchrist.ca | 613 410 4904 | CFCOTTAWA.CA

PRO-LIFE




Fill the Playpen
Birthright of Ottawa
February 6 - 27

B Birthright's focus is on loving the mother, reminding her that there is hope and ensuring she is not alone.

Holy Redeemer parish is proud to support a local pregnancy care center with donations for moms and babies.

1. Donate online to Birthright of Ottawa. Apply your donation to "playpen fundraiser". This QR code will take you directly to Birthright of Ottawa on the CanadaHelps.org website. Tax receipts are issued immediately.
2. Donate by cheque to Birthright of Ottawa. Pick up an envelope at the display in the church entrance.
3. Place needed items in the playpen located in the church entrance. Items may include, but are not limited to, the following:
 - Diapers — especially Size One and Newborn
 - Diaper wipes
 - Onesies and baby outfits
 - Bibs
 - Receiving blankets, Small and Large

New items are preferred. For gently used items, please contact Birthright of Ottawa directly at **613-231-5683**. Thank you for your generous support!!



CARITAS CANADA – SHARE LENT

This Lent, let's work toward Reaping our Rights ...

This year, Development and Peace — Caritas Canada's **Create Hope: Reaping our Rights** campaign calls you to stand with small-scale farmers and peasant communities who feed the world while caring for the Earth. **Do this by:**



1. **Donating** online at devp.org/give or during the Solidarity Sunday collection on March 17, the Fifth Sunday of Lent. Your generosity helps support over 73 projects in 36 countries around the world!
2. **Learning more by reading the Mini-magazine** and other resources available at devp.org/lent/resources.
3. Meeting our solidarity visitors and **participating in the Campaign Launch Webinar** ([REGISTER HERE](#)) on **February 17 at 1:30PM**.

**Holy Redeemer
Charismatic Prayer Group**
Monday, February 19th at 7PM




Praise and Worship, Testimonies and Refreshments
in the Church Hall ... everyone is invited!

THIRD MONDAY OF EVERY MONTH!



CARE FOR CREATION: If you are looking for concrete ways to make your Lenten observation meaningful, try giving up some items suggested by Citizens for Public Justice, a Christian Canadian group. Suggestions are available on our website at <https://holyredeemer.ca/lent-resolutions>.



**2-DAY
MARRIAGE PREPARATION COURSE**



Congratulations on your engagement!

Embracing marriage as a sacrament will transform your whole life together and take your love to a much deeper level. The Marriage Preparation Course is a requirement and gives couples an opportunity to have some important discussions prior to getting married.

Our **2-day Marriage Preparation Course** is being offered:

- Friday, May 17** (7pm—10pm); **and**
- Saturday, May 18** (10am—6pm with Mass)
- Cost:** \$100 (includes guidebook).

To register, please contact the parish office at reception@holyredeemer.ca.

SACRISTANS NEEDED!

Additional Sacristans are required for:

ALL Weekday Masses, and Sunday 8am and 9:30am Masses.

WHAT DO WE DO? We prepare and clean up liturgical elements of the Mass (hosts, vessels, linens, books, candles, etc.)

WHAT IS BEAUTIFUL ABOUT THIS ROLE? Working with sacred items; background service for fellow parishioners.

WHAT QUALITIES ARE NEEDED FOR THIS ROLE? The ability to learn vocabulary and protocols; confident with simple arithmetic; confident reading written instructions; a desire to be helpful to fellow parishioners.

TRAINING: Two sessions, each 1-2 hours long and followed by supervised practice.

TIME COMMITMENT: Approximately two hours (including attending Mass) every 2-3 weeks.

MORE INFORMATION: You can view [an online 10-minute "information session" here](#).

NEXT STEP: Contact Matthew Bisson (613-769-1767 or matthew.r.bisson@gmail.com). We'll discuss the role and see if it's a good fit for you.

NEW ALTAR and SANCTUARY: A number of people have asked about making financial contributions towards the new carpeting and Altar for the Sanctuary. Labour costs for the carpeting came in higher than anticipated, so **we are welcoming help**. On your cheques or e-transfers, please clearly indicate "sanctuary project". Thank you for your contribution to our Parish.


2023 CHARITABLE TAX RECEIPTS: Are available in the vestibule as you enter the church. Please remember to pick up your receipt as you leave the Church. If you have not already collected your envelopes for 2024, they are also available in the vestibule. Thank you once again for your continued support.

SCENT FREE: At the request of parishioners who suffer with allergies to perfumes and colognes, we kindly ask that you refrain from using scented personal care products when attending Mass or other functions at the Parish. We greatly appreciated your help.

PILGRIM VIRGIN OF OUR LADY OF FATIMA Home Visitation Program: Holy Redeemer's Legion of Mary invites parishioners to reserve a home visit of the Pilgrim Virgin Statue of Our Lady of Fatima for a one-week period. To arrange a visit of Our Lady, contact Balsam Blejani-Khalaf (bblejanikhalaflom@gmail.com; 613-599-2723). Thank you!




EUCCHARISTIC ADORATION HOUR: Parish Vocations Ministry invites you to an hour of Adoration **every Wednesday** evening following the **7:00 pm Mass**. Join us as we **pray for** an increase in the response to God's call to the priesthood, diaconate, religious life, consecrated life, and marriage.




PRAYER SHAWL MINISTRY: Did you know that Holy Redeemer is blessed to have a ministry that makes beautiful prayer shawls for people in our community who are in need of a prayer and a hug to comfort them through their trying times? We have shawls for men, women, children as young as preemies, in various colours and patterns! If you know anyone who could benefit from this free service, please call Margaret Donahue (613-836-7619; hrprayershawlmin@gmail.com), and she will make arrangements to connect and provide you with one of these beautiful, hand-made gifts to brighten someone's day.

PUBLIC ROSARY ACROSS CANADA — WHY: To entrust the whole world to Our Lady, and to ask Her to intercede for our province, our country, and the world — *we join in prayer with parishes across Canada*. **WHERE:** Outside by the parish office door, in front of Our Lady's statue. **WHEN:** **Every Wednesday at 6:15 PM.**

CATHOLIC WOMEN'S LEAGUE PRAYER BOX: We invite you to place your intentions in this prayer box and CWL members will raise them in prayer on your behalf. Rest assured that we will never open your papers, nor read your words. We pray fully in the trust that our Lord knows your needs. The papers are burnt unopened at the end of the month.



NO CASH? NO PROBLEM! Our new "Tap to Give" kiosk is now set up in the vestibule. The kiosk offers a quick, simple, and easy way to give to our parish. Instructions are attached on the unit, but if you have any other questions, please contact Maureen at the parish office.



YOUTH MINISTRY CONNECTION . . . !



Children's Liturgy
of the **Word**

Every Sunday at 9:30AM AND 11:00AM!




Hallow


A Lenten Series Podcast starting Wednesday, February 14, for children ages 6 —12!

With the support of the team at Hallow, SAINTS ALIVE created a brand new series (Lent for Kids and Eucharistic Miracles in 2024!).


These audio dramas bring the greatest heroes of our Faith to life — professional voice actors and directors — the shows are compelling, professional and entertaining!

To access the podcasts and more, [CLICK HERE!](#)

YOUTH GROUP ... Every Friday !



The ROCK
Grades 6-8
Fridays,
6:30-8:30pm



JAM
(Jesus And Me)
Grades 9-12
Fridays, 8:30-10pm

Questions? Contact our AMAZING Youth Minister Cathy Koss ~ youth@holyredeemer.ca !!

YOUNG ADULT MINISTRY


The Young Adults Group have resumed **meeting bi-weekly** in the Church Hall from **5PM to 6:30PM**. *Next meeting ...*

➔ THIS SUNDAY, FEBRUARY 11!

If you are between the **ages of 19 and 36**, you are welcome to join our bi-weekly meetings for **fellowship, faith formation and pizza!**


For more information, please contact Sarah at youngadulthr@gmail.com.

YOUNG ADULTS HIKING GROUP: Join Father Connor on a hike and enjoy some fellowship and the beauty of God's creation. If you, or someone you know is interested, and are between the **ages of 16 and 35**, please email Father Connor at father.connor@outlook.com.




ARCHIDIOÈSE
Ottawa-Cornwall
ARCHIDIOÈSE

AROUND THE DIOCESE ... !



Is the Lord calling you to serve Him as a priest?

Join other men discerning the priesthood for monthly formation, fellowship, and Eucharistic Adoration. Each night will be held at the new Café des Tours, located in the basement of Notre Dame Cathedral in Ottawa.

To join the Quo Vadis email list or for more information, please contact:

Fr. Connor O'Hara, the Vocations Director for the Ottawa-Cornwall Diocese, vocations@ottawacornwall.ca.

LENTEN RETREAT: On **Saturday, February 24** from **9:30am to 11:30am**, the **Canadian Martyrs Parish** (100 Main Street) is hosting a retreat, led by Fr. Peter Bisson, SJ, on the theme "*Decolonizing: A Change of Heart*". Please register by emailing the parish office at: office@canadianmartyrs.org.

NIGHT OF WORSHIP MINISTRY 'COME TO ME': Join us at St. Mary's Parish and experience an evening of praise, prophecy, teaching, and healing on **Friday, February 23 from 7—9pm**. Our guest speaker is Fr. Francis Donnelly, CC, who will give a teaching on "God Fulfills His Promise".

ARE YOU NIGERIAN? IGBO? CATHOLIC? Join the Igbo Catholic Community for Mass (in the Igbo language!) on **the last Sunday of EVERY month** at St. Peter's Parish, 1640 Heatherington Road at 1:30 PM. Mass is followed by fellowship and refreshments in the Church Hall. Chaplain — Fr. Paul Nwaeze; Coordinator — John Anoliefo (289-988-2696); Info: info@igbomass-ottawa.ca.

70% of spouses don't know the details of their partner's final wishes

Start the conversation. Call: 613-591-6580



Kelly Funeral Home
Kanata Chapel
by Arbor Memorial
kellyfh.ca/Kanata
Arbor Memorial Inc.



Hulse, Playfair & McGarry
Funeral, Cremation and Celebration of Life Services
Services de Funerailles, de Crémation et de Célébration de la Vie



Tom Flood Sr. Vice President

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