

HOLY REDEEMER CATHOLIC CHURCH

Address: 44 Rothesay Drive, Kanata, ON K2L 2X1

Telephone: 613-836-1764; Website: www.holyredeemer.ca



2ND SUNDAY IN LENT – February 25, 2024

'Master, it is good for us to be here ...' — Matthew 17:4

MASS SCHEDULE

Sunday Liturgy Mass Times

Saturday Vigil: 5:00 pm
Sunday: 8:00 am, 9:30 am, 11:00 am and 7:00 pm

Weekday Mass Times

Monday, Tuesday, Thursday and Friday: 9:00 am
Wednesday: 7:00 pm
1st Saturday of the Month: 9:00 am

Adoration

1st Friday 8:00 pm to 1st Saturday 8:45 am (*All-Night Vigil*)
Monday, Tuesday and Friday: 8:15–8:45 am
Wednesday: After 7pm Mass
Thursday: After 9am Mass (9:30 am–3:30 pm)
(with 3:00 pm Hour of Great Mercy Devotion)

Reconciliation (or by appointment)

Monday, Tuesday, Thursday, Friday: 8:15–8:45 am
Wednesday: 6:15–6:45 pm
Saturday: 4:00 pm–4:45 pm
Sunday: 6:00 pm–6:45 pm

PASTORAL COUNCIL

Chair: Matthew Bisson (613) 769-1767
Co-Chair: Erin Kinsella erinkinsella@live.ca
Secretary: Nick Rolheiser n.rolheiser+holyredeemer@gmail.com
Finance Operations Chair: Art Lamarche (613) 592-4820
Safe Environment: John Gaudet (613) 800-1833

LITURGICAL MINISTRIES

Adoration:
▪ Thursday (9:30am-3pm): Sharon Stuyt (613) 838-5578
▪ 1st Friday Vigil: Francine Dagenais *Please call the parish office*
▪ Wednesday Holy Hour for Vocations: Erin erinkinsella@live.ca
Altar Servers: Paola Pacheco paopac@yahoo.com
Altar Guild: Lee Armstrong (613) 831-1075
Catechesis of the Good Shepherd:
Kim Baudouin (613) 884-8475
Children's Sunday Liturgy: Cathy Koss hryouth@icloud.com
Extraordinary Ministers of Holy Communion:
Peter Fortier pete.fortier@gmail.com
Lectors: Kevin Sawyer kevin.sawyerkj@gmail.com
Sacristans: Matthew Bisson (613) 769-1767
Ushers: Samuel Bonti-Ankomah (613) 271-6303
Vocations Ministry: Erin Kinsella erinkinsella@live.ca

PASTORAL CARE

▪ Joanne Williamson (613) 884-2106
▪ Julie Farrow willowfarrow@gmail.com

SACRAMENTAL FORMATION

Baptism Preparation Course reception@holyredeemer.ca
Franca Walsh (Ministry Lead) (613) 836-2219
Christian Initiation of Adults (RCIA):
David Dupuis (613) 709-5065
Christian Initiation of Children (CIC):
Sharon Groulx cic@holyredeemer.ca
Marriage Preparation Course hryouth@icloud.com

MUSIC MINISTRY (CHOIRS)

Saturday 5:00 pm: Roberto Solis (613) 410-4904
Sunday 9:30 am: Roberto Solis (613) 410-4904
Sunday 11:00 am: Eddie Deogrades edeo@rogers.com
Sunday 7:00 pm: Erin Kinsella erinkinsella@live.ca
Funeral Choir: Jeanne Joinette (613) 868-9354

CLERGY

- **Pastor:** Fr. Paul Nwaeze: pnwaeze@holyredeemer.ca
- **Associate Pastor:** Fr. Connor O'Hara: father.connor@outlook.com
- **Associate Pastor:** Fr. Steven Gaudet fr.stevengaudet@gmail.com
- **Deacon:** Rev. James Kubina: jgkubina@gmail.com
- **Deacon:** Rev. Mike Doherty: midoherthy1952@gmail.com

OFFICE STAFF

- **Coordinator of Temporal Works**
Maureen Brannan: ctw@holyredeemer.ca
- **Communications Coordinator**
Jeremy Eckert: communications@holyredeemer.ca
- **Evangelization Coordinator**
Teresa Kargul: evangelization@holyredeemer.ca
- **Receptionist:**
Paola Pacheco: reception@holyredeemer.ca
- **Administrative Assistant**
Kim Jennings: admin@holyredeemer.ca
- **Youth Minister ~ Cathy Koss:** hryouth@icloud.com

OFFICE HOURS – CLOSED on Wednesdays and Weekends

Monday, Tuesday, Thursday, Friday 9:30 am to 4:00 pm

SOCIAL MISSION

Care for Creation: Mireille Church creation@ottawacornwall.ca
Development and Peace: Liz Murphy (613) 619-4413
Pro-Life: Ambra Kostyniuk (613) 271-1264
Refugee Committee:
▪ Mary-Lou Hakansson (613) 592-3530
▪ Cathy Deogrades (613) 558-9889
Saint Vincent de Paul Society: Patrick Nzobo .. *Please call the office*
Indigenous Peoples Committee:
Tony Ritchie ritchieanthony3@gmail.com

ORGANIZATIONS / GROUPS IN THE PARISH

Bereavement: Kafui Sawyer hbereavement@gmail.com
Bible Study: Darren Laval (613) 852-9966
Catholic Charismatic Renewal Prayer Group:
Justin holyredeemerprayergroup@gmail.com
Catholic Women's League: Lillian Delmas delmas@rogers.com
Couples for Christ: Edgar Acosta (613) 315-0702
Cursillo: Marc Bélanger (613) 836-2874
Decorating Ministry: Sharon Stuyt (613) 838-5578
Divine Mercy Cenacle: Norma Dawes (613) 435-3469
Gardening Angels: Bev Murphy (613) 591-3989
Heart of Worship: Kirsten Eckert heartofworshiphr@gmail.com
Homeschool Ministry sarah.rolheiser@gmail.com
Knights of Columbus: Wayne Watts (613) 852-0094
Legion of Mary:
▪ Adult: Balsam Blejani-Khalaf (613) 599-2723
▪ Junior (6-16): Sarah Rolheiser (613) 435-2478
Library: Greg Kam (613) 863-6314
Prayer Shawl: Margaret Donahue (613) 836-7619
Restore: Hailey Krol (613) 315-9403
Religious Articles for Sale: Germaine Gaudet (613) 435-1084
Youth Group: Cathy Koss hryouth@icloud.com
Young Adults: Sarah Groulx youngadultthr@gmail.com
Young Adult Hiking Group: father.connor@outlook.com



PARISH MISSION STATEMENT

“Go therefore and make disciples of all nations, baptizing them in the Name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.” — Matthew 28:19-20

MASS INTENTIONS

2ND SUNDAY IN LENT

| | | |
|-----------------------|----------|---|
| Saturday February 24 | 5:00 pm | †Father Vincent Andrew Conti and Birthday Blessings for Mary Codogno by a parishioner |
| Sunday February 25 | 8:00 am | †Gene Szabo by Dale and Jean Populus |
| | 9:30 am | For the Parish Community |
| | 11:00 am | Birthday Blessings for Terry Brannan Sr. and Andrew Brannan by the Family |
| Monday February 26 | 7:00 pm | †Peter Edward Charles Fortier by Erin Kinsella |
| Tuesday February 27 | 9:00 am | †Nancy Wood and Jim VanDoorn by Fitz and D’Arcy Grant |
| Wednesday February 28 | 9:00 am | Birthday Blessings for Claire Rolheiser by the Family |
| | 7:00 pm | †Emmett Shields by Kathleen Shields |

| | | |
|-------------------------------|---------|---|
| Thursday February 29 | 9:00 am | Intentions of Owen Scorrar by Kim Peppiatt |
| First Friday March 1 | 9:00 am | †Deceased and living members of the McGrath Family by Gilberte McGrath |
| | | †Deceased members of the Hernandez Family by Jun and Dina Hernandez |
| | | †Thomas Lai Nguyen and Maria Xanh Truong and the Holy Souls of Purgatory by the Family |
| | | †Bill Newman by Alice Guenther |
| | | Intentions of Genevieve Hutchins by Kim Peppiatt |
| | | Intentions of the Hurley Family by the Parish Leadership Team |
| | 8:00 pm | All Night Adoration (in reparation for sins committed against the Most Sacred Heart of Jesus and the Immaculate Heart of Mary) |
| First Saturday March 2 | 8:45am | Benediction |
| | 9:00 am | †Katherine, Mary and Fred Jardine by Sheila Gagnon |

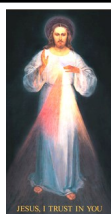


3RD SUNDAY IN LENT

| | | |
|------------------|----------|---|
| Saturday March 2 | 5:00 pm | †Victor Petry by Helen Gollesch |
| Sunday March 3 | 8:00 am | †John and Albert Kirkham by Loretta Kirkham |
| | 9:30 am | †Ibrahim Khoury by Awad Khoury and Family |
| | 11:00 am | †Michel Campeau and members of the Campeau Family by Gilberte McGrath |
| | | †Argentina Del Borello and Guglielmo Del Borello by Alison Mirabelli |
| | | †Art Wallace by Kim Jennings |
| | | †Frantisek Kaleta by the Dzimko Family |
| | | Birthday Blessings for John and Paul McParland by the Brannan Family |
| | 7:00 pm | For the Parish Community |

PRAYERS FOR THE SICK: Please pray for the sick among our families and friends, especially Victorino B. Jose, Pina DeCurtis, Brenda, Ian McLellan, Fernando Torres, Lisa Carter, Catherine Levasseur, Andrew Beyer, Mary Lou Oram, Hedy Stoqua, Serge Gagnon, Luc André Sabourin, Nikita Sabourin, Rebecca Gagnon, Sam Gagnon, Helen Fernihough, Ian Ketelaars, Chantal D., John Kelly, Carlos Arturo Gallego Henao, Alfredo Michelena, Luz Elena Ocampo, Diana Froh, Hiep Vuong, Dan Rivet, Fr. Bob Poole, Anne Louise L., Homeless people with disabilities, Bob Gemmell, Mallory McPherson, Maryanne Mason, Edgar Velez, Kim Vardon, Marie Jarrett, Nancy Campbell, Catherine and Steven Offierski, Diana Codogno, Suzanne Bisson, Marilisa Gronzotto, Monica Sale, Gladys Buermans, Andrew Jacob, Jimmy Bot, Bev Murphy, Aldina P., Tina Dory, Joseph Gunsberg, Giovanni Magliocco, Rhys Cox, the Beaulne Family, the Halaj Family, Zahra Ziaei, Kristin Wilson, Ken Kraglund, Dorothy Voldock, Mounira Abi Aad, Flora Pirez, Franca Cervo, Martha Klump, Maria Pirrone, Ches Power, Marcel Morin, Dan Cillis, Raul Carvalho, Ronald Malcolm. **PRAYERS FOR THE DECEASED:** Let us pray for deceased family and friends of our Parish Community, especially Agapio Almedilla and Art Wallace.

THE HOLY FATHER’S PRAYER INTENTIONS FOR FEBRUARY: Let us pray for the terminally ill. We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment. **FOR MARCH:** Let us pray for the new martyrs. We pray “for those around the world who risk their lives for the Gospel, to inspire the Church with their courage and missionary zeal.”



MASS READINGS

2ND SUNDAY OF LENT: Gen 22:1-2, 9-13, 15-18; Rom 8:31b-35, 37++; Mark 9:2-10
Monday: Dan 9:3, 4b-10++; Luke 6:36-38
Tuesday: Is 1:10, 16-20, 27-28, 31++; Matt 23:1-12
Wednesday: Jer 18:18-20; Matt 20:17-28
Thursday: Jer 17:5-10; Luke 16:19-31
Friday: Gen 37:3-4, 12-13a, 17b-28; Matt 21:33-43, 45-46
Saturday: Micah 7:14-15, 18-20; Luke 15:1-3, 11-32
3RD SUNDAY OF LENT: Ex 20:1-17; 1 Cor 1:18, 22-25++; John 2:13-25

SACRAMENTS and ADORATION

Baptism: Three (3) months notice required to complete Sacramental preparation.
Marriage: 6 months notice required before proposed wedding date.
Reconciliation (also by appointment):
Monday, Tuesday, Thursday, Friday: 8—8:45 am;
Wednesday: 6—6:45pm; Saturday: 4—4:45 pm; Sunday: 6—6:45pm
Sacrament of the Sick / House Blessings: Please phone the office.
Adoration: Please note, at times we will have to cancel Adoration due to funerals, etc. Please check the website or call the office to confirm hours:
†ALL-NIGHT VIGIL: 1st Friday 8:00 pm to 1st Saturday 8:45 am
†Monday, Tuesday, Friday: 8:15 am-8:45 am
†Wednesday: After Mass (to pray for Vocations)
†Thursday (after Mass) 9:30am to 3:30pm (3pm Great Hour of Mercy)



Hello! Welcome to Holy Redeemer Parish!

If you are new to our Parish Community, please make sure to drop by our 'Welcome Area' in the vestibule! If you would like to register as a parishioner, please visit our website and click "I'm New", or scan the QR code. **We're delighted you've joined us!**



PASTOR'S CORNER

"Master, it is good for us to be here ..." — Matthew 17:4

Transfigured in Christ

On this Second Sunday of Lent, we hear the story of Jesus becoming radiant and aglow in the presence of three of His apostles and two great Old Testament figures, Moses and Elijah. The Transfiguration event is a powerful invitation for us to be changed, transformed and transfigured. Perhaps, too often we look at the transfiguration as something that happened only to Jesus, forgetting that our Lord Himself wants us to be changed, transformed and transfigured in the same way; allowing the Divine to shine forth through us so that we in turn transfigure each other by the power of God's love in us.



The Mass

The Mass is where we can come to experience the glory of the Son of God, our wounded Messiah. This is the only place we can come and be filled with His Spirit. At our Sunday Mass and indeed all Masses, we are like Peter, James and John going up the mountain with Jesus. The peak of this mountaintop experience for us is during Holy Communion when we will all come up as if we are, indeed, going up to the mountain. This supreme meal will transform us into the image of God's Son. Yes! It is awesome! It's amazing!

The Power of Prayer

Jesus and the three apostles went up the mountain to pray! It was during this moment that the apostles saw the glory of Jesus which prompted Peter to cry out: *"Lord, it is good for us to be here..."* Indeed wonderful things can happen when we draw close to God in prayer; when we really and truly lift our hearts and mind to God! Inner transformation happens when we enter into spiritual communion with our God in prayer; we are transfigured, we are changed!

May we always be attentive to His Word!

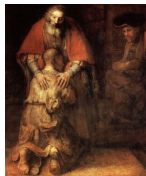
Fr. Paul

OUR LENTEN JOURNEY

LENTEN PENANCE SERVICE

Wednesday, March 20 at 7PM

Several Priests available for Confession
Service only — *not a Mass*
(9AM Weekday Mass added)



STATIONS OF THE CROSS

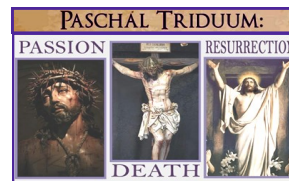
Fridays at 7PM

- February 16 Led by the Knights of Columbus
- February 23 Led by Catholic Women's League
- March 1** Led by Pro-Life Ministry
- March 8 Led by the Legion of Mary
- March 15 Led by St. Vincent de Paul
- March 22 Led by Care for Creation
- Good Friday, March 29 Youth Tableau



HOLY WEEK MASS SCHEDULE

- Monday March 25** 9AM
- Tuesday March 26**
 - Parish Weekday Mass 9AM
 - Chrism Mass at Notre Dame Cathedral 5PM
- Wednesday March 27** 7PM



- HOLY THURSDAY March 28** **7PM**
- GOOD FRIDAY March 29**
 - Divine Mercy Novena Day-1 11:40AM and 2:40PM
 - Passion Service **12 Noon** and **3PM**
 - Youth Tableau 7PM
- HOLY SATURDAY March 30 (no Confession)** **8PM**
- EASTER SUNDAY March 31** **9AM** and **11AM**
..... (No 7PM Mass on Easter Sunday)

PARISH HAPPENINGS ...

Development and Peace — Last chance to sign the petition: 'Stand for the Land'

Today is the deadline for signing a letter to the Honduran ambassador to Canada asking her government to protect those who are fighting to defend forests and rivers in a Honduran national park against pollution from a mine. The letter is part of Development and Peace — Caritas Canada's last fall campaign.

Over 20,000 Canadians have signed it in solidarity with these struggling communities of Guapinol and the San Pedro sector. Join the effort and add weight to our demands. Sign now at devp.org/act, or at the Development and Peace display in the parish vestibule.

Thank you for your solidarity!



CARE FOR CREATION: If you are looking for concrete ways to make your Lenten observation meaningful, try giving up some items suggested by Citizens for Public Justice, a Christian Canadian group. Suggestions are available on our website at <https://holyredeemer.ca/lent-resolutions>.



SACRISTANS NEEDED!

Additional Sacristans are required for:

**ALL Weekday Masses, and
Sunday 8am and 9:30am Masses.**

WHAT DO WE DO? We prepare and clean up liturgical elements of the Mass (hosts, vessels, linens, books, candles, etc.)

WHAT IS BEAUTIFUL ABOUT THIS ROLE? Working with sacred items; background service for fellow parishioners.

WHAT QUALITIES ARE NEEDED FOR THIS ROLE? The ability to learn vocabulary and protocols; confident with simple arithmetic; confident reading written instructions; a desire to be helpful to fellow parishioners.

TRAINING: Two sessions, each 1—2 hours long and followed by supervised practice.

TIME COMMITMENT: Approximately two hours (including attending Mass) every 2-3 weeks.

MORE INFORMATION: You can view [an online 10-minute "information session" here](#).

NEXT STEP: Contact Matthew Bisson (613-769-1767 or matthew.r.bisson@gmail.com). We'll discuss the role and see if it's a good fit for you.



**Heart OF
WORSHIP**
ADORATION NIGHT

SHORT SPIRITUAL TALK, PRAISE & WORSHIP MUSIC, SILENT ADORATION
CONFESSION, FOOD & FELLOWSHIP

Tuesday, February 27, 7-8:30pm
Guest Speaker: Amy Hall

Topic: "Agents of Holiness"

Also streaming on "Holy Redeemer Parish Kanata" YouTube channel:
www.YouTube.com/HolyRedeemerParishKanata

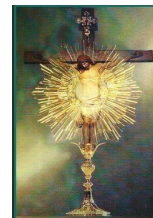


First Friday and First Saturday Eucharistic Adoration Vigil

*in reparation for sins committed against the
Most Sacred Heart of Jesus and the Immaculate Heart of Mary*

Eucharistic Adoration All Night Vigil begins on **FIRST Friday, March 1 at 8PM**, with Benediction at 8:45AM on Saturday morning and First Saturday Mass at 9AM.

There must be **at least two (2) adorers in front of Our Lord at all times**. In order to coordinate the schedule, **we ask everyone to register**. First Friday and Saturday Adorers, please sign-up on the **sheets at the back of the Church**, or email Jeremy Eckert at communications@holyredeemer.ca.

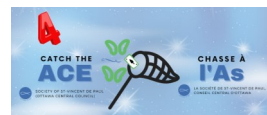


Saint Vincent de Paul Ottawa Central Council



Serving the poor with love, respect, justice, hope and joy!

'CATCH THE ACE' LOTTERY — ROUND 4



The Ottawa Central Council (OCC) of the **SOCIETY OF SAINT VINCENT DE PAUL** is pleased to announce Round-4 of the **weekly Catch the Ace** lottery. The draw is **EVERY Tuesday** until the Ace of Spades is drawn. **Tickets can be purchased EARLY** (online only) for \$10. Proceeds of this lottery go to support the Multifaith Housing Initiatives for affordable, safe and permanent housing for Indigenous and new Canadians. For more information, visit: <https://ssvpottawa.ca/>. Thank you!

PARISH HAPPENINGS ...

You are invited to hear about the Divine Mercy message for our times and to explore signs of God's mercy in this award-winning video, "Time for Mercy" on **Sunday, March 17, from 3:00 — 5:15 pm.**



It takes an unflinching look at the biblical witness of God's judgement and mercy, the offer of God's mercy in Christ, and the troubles of today's world —from recurring natural disasters and environmental threats, to the Growing List of Human Tragedies. A talk will be given by Fr. Waldemar Podlasz, SDS with Q&A. For more info, call 613-254-7220.



10th ANNIVERSARY CELEBRATION OF DIVINE MERCY SUNDAY at Holy Redeemer. Join us on **Sunday, April 7 from 2—4pm.** There will be Confession, sung Chaplet, a reflection given by Father Francis Donnelly, CC, other short prayers and ending with Consecration to the Divine Mercy for the whole world. Benediction and Veneration of the blessed Divine Mercy image and 1st class relics of St. Faustina, Blessed Fr. Michael Sopocko, St. John Paul II, St. Maximilian Kolbe and St. Therese of Lisieux. The Lord told St. Faustina: "You will prepare the world for My final coming." (Diary 429) More info: (613) 254-7220.



NEW ALTAR and SANCTUARY: A number of people have asked about making financial contributions towards the new carpeting and Altar for the Sanctuary. Labour costs for the carpeting came in higher than anticipated, so **we are welcoming help.** On your cheques or e-transfers, please clearly indicate "sanctuary project". Thank you for your contribution to our Parish.

2023 CHARITABLE TAX RECEIPTS: Are available in the vestibule as you enter the church. Please remember to pick up your receipt as you leave the Church. If you have not already collected your envelopes for 2024, they are also available in the vestibule. Thank you once again for your continued support.



2-DAY

MARRIAGE PREPARATION COURSE

Congratulations on your engagement!

Embracing marriage as a sacrament will transform your whole life together and take your love to a much deeper level. The Marriage Preparation Course is a requirement and gives couples an opportunity to have some important discussions prior to getting married.

Our **2-day Marriage Preparation Course** is being offered:

- ☑ **Friday, May 17** (7pm—10pm); **and**
- ☑ **Saturday, May 18** (10am—6pm with Mass)
- ☑ **Cost:** \$100 (includes guidebook).

To register, please contact the Cathy Koss in the parish office at hryouth@icloud.com.



CELEBRATING BLACK HISTORY MONTH!

To honour the history of Black people in Canada and their excellence in our communities, Holy Redeemer Parish will celebrate a **special Mass at 11AM on Sunday, February 25 with some African music.**

Following the 11AM Mass, join us for an African potluck in the Hall with more music and dancing! This celebration is organized by our brothers and sisters in the parish. Feel free to bring a meal to share. **ALL ARE WELCOME!**

PILGRIM VIRGIN OF OUR LADY OF FATIMA

Home Visitation Program: Holy Redeemer's Legion of Mary invites parishioners to reserve a home visit of the Pilgrim Virgin Statue of Our Lady of Fatima for a one-week period. To arrange a visit of Our Lady, please contact Balsam Blejani-Khalaf (**613-599-2723**; bblejanihalaf@gmail.com). Thank you!



EUCCHARISTIC ADORATION HOUR:

Parish Vocations Ministry invites you to an hour of Adoration **every Wednesday** evening **following the 7:00 pm Mass.** Join us as we **pray for** an increase in the response to God's call to the priesthood, diaconate, religious life, consecrated life, and marriage.



PRAYER SHAWL MINISTRY:

Did you know that Holy Redeemer is blessed to have a ministry that makes beautiful prayer shawls for people in our community who are in need of a prayer and a hug to comfort them through their trying times? We have shawls for men, women, children as young as preemies, in various colours and patterns! If you know anyone who could benefit from this free service, please call Margaret Donahue (hrprayershawlmin@gmail.com; **613-836-7619**), and she will make arrangements to connect and provide you with one of these beautiful, hand-made gifts to brighten someone's day.



CATHOLIC WOMEN'S LEAGUE PRAYER

BOX: We invite you to place your intentions in this prayer box and CWL members will raise them in prayer on your behalf. Rest assured that we will never open your papers, nor read your words. We pray fully in the trust that our Lord knows your needs. The papers are burnt unopened at the end of the month.



PUBLIC ROSARY ACROSS CANADA

WHY : To entrust the whole world to Our Lady, and to ask Her to intercede for our province, our country, and the world — *we join in prayer with parishes across Canada.*

WHERE : Outside by the parish office door, in front of Our Lady's statue. **WHEN :** **Every Wednesday at 6:15 PM.**

PRO-LIFE EVENTS



Fill the Playpen Birthright of Ottawa

February 6 – 27

Birthright's focus is on loving the mother, reminding her that there is hope and ensuring she is not alone.

Holy Redeemer Parish is proud to support a local pregnancy care center with donations for moms and babies.

1. Donate online to Birthright of Ottawa. Apply your donation to "playpen fundraiser". This QR code will take you directly to Birthright of Ottawa on the CanadaHelps.org website. Tax receipts are issued immediately. 
2. Donate by cheque to Birthright of Ottawa. Pick up an envelope at the display in the church entrance.
3. Place needed items in the playpen located in the church entrance. Items may include, but are not limited to, the following:
 - Diapers — **especially SIZE ONE and NEWBORN**
 - Diaper Wipes
 - Onesies and Baby Outfits
 - Bibs
 - Receiving Blankets — small and large

New items are preferred. For gently used items, please contact Birthright of Ottawa directly at **613-231-5683**. *Thank you for your generous support!!*

PRO-LIFE TALK ON EUTHANASIA APOLOGETICS — A GUIDE TO DISCUSSING ASSISTED SUICIDE: Hosted by Blessed Sacrament Parish (194 Fourth Avenue) on **Friday, March 22 from 7:00 to 8:30 PM**. Euthanasia and assisted suicide have been rapidly expanding in Canada since legalization in 2016 and more and more vulnerable people are at risk. Learn how to change hearts and minds on assisted suicide using street-tested apologetics to rebuild a culture of life. Presented by Blaise Alleyne of the Canadian Centre for Bio-Ethical Reform.

SCREENING OF ROE CANADA — THE DOCUMENTARY: A Dunn Production available to the public free of charge on **Wednesday, May 2 at 7PM**. *"It tells the truth North America*



is forbidden to know". — Mike Aquilina, VP, St. Paul Center for Biblical Theology. Come and hear the truth of what is happening in our country. Could a country like Canada ever experience a day like the Americans did on June 24? Will we ever have a moment as significant as Roe's demise? The answer the film proffers is — Yes! Yes, if each of us take individual responsibility for the abortions happening under our watch. Yes, if we choose activism over pessimism. Yes, if our passion grows into perseverance. Yes, if our own hearts are converted, and others follow. Yes, if our faith in God overcomes our fear. And if Canada can change, certainly the rest of the world can too. An opportunity to give a free will offering will be made possible to support this very important work. **For more info, click this link: <http://roecanada.com/>.**

YOUTH MINISTRY CONNECTION ... !

YOUTH GROUP ... Every Friday !



The ROCK
Grades 6-8
Fridays,
6:30-8:30pm



JAM
(Jesus And Me)
Grades 9-12
Fridays, 8:30-10pm

Questions? Contact our **AMAZING** Youth Minister
Cathy Koss ~ hryouth@icloud.com!!



Every Sunday at 9:30AM AND 11:00AM!

YOUNG ADULT MINISTRY

The Young Adults Group have resumed meeting **bi-weekly** in the Church Hall from **5PM to 6:30PM**. *Next meeting ...*

➔ SUNDAY, FEBRUARY 25!

If you are between the **ages of 19 and 36**, you are welcome to join our bi-weekly meetings for **fellowship, faith formation and pizza!**

For more information, please contact Sarah at youngadulthr@gmail.com.

YOUNG ADULTS HIKING GROUP: Join Father Connor on a hike and enjoy some fellowship and the beauty of God's creation. If you, or someone you know is interested, and are between the **ages of 16 and 35**, please email Father Connor at father.connor@outlook.com.





OTTAWA CATHOLIC YOUNG PROFESSIONALS LENT RETREAT: Join us **Saturday, March 16** at St. George Parish for retreat day including talks, confession, Mass, fellowship and more! Come learn and grow deeper in your faith while meeting like-minded friends! Go www.OCYP.ca or look us up on Facebook to register!

DIOCESAN WEDDING ANNIVERSARY MASS: For those celebrating 60 (or more), 50, 40, 30, 25 and 20 years of marriage. At Notre Dame Cathedral Basilica on **Sunday, April 14, 2:30PM**. The registration form is available at <https://forms.office.com/r/jpBDLwD0Kg>. Please register before Easter to ensure your spot (note the earlier date).

ARE YOU NIGERIAN? IGBO? CATHOLIC? Join the Igbo Catholic Community for Mass (in the Igbo language!) on the **last Sunday of EVERY month** at St. Peter's Parish, 1640 Heatherington Road at 1:30 PM. Mass is followed by fellowship and refreshments in the Church Hall. Chaplain — Fr. Paul Nwaeze; Coordinator — John Anoliefo (289-988-2696); Info: info@igbomass-ottawa.ca.



Is the Lord calling you to serve Him as a priest? Join other men discerning the priesthood for **monthly formation**, fellowship, and Eucharistic Adoration. Each night will be held at the new Café des Tours, located in the basement of Notre Dame Cathedral in Ottawa.

To join the Quo Vadis email list or for more information, please contact:

Fr. Connor O'Hara

Vocations Director for the Ottawa-Cornwall Diocese, vocations@ottawacornwall.ca

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ST. PATRICK DAY PILGRIMAGE
SATURDAY, MARCH 16
Come walk with us!

We will depart St. Patrick's Fallowfield at 8AM and head out on pilgrimage to St. Patrick's Basilica!

Pilgrims include Companions of the Cross, Sisters of the Servants of the Cross and of the Queenship of Mary.

The 28 km walk will take approximately 8 hours and will conclude with Mass at 4:30 PM in St. Patrick's Scavi (lower-level). For more pilgrimage details — route, optional starting points and more, click <http://tinyurl.com/3kwbtnu8>.

AN EVENING OF BEAUTIFUL MUSIC

Join us for an unforgettable evening of music and community support as we welcome Deantha Edmunds, recent Order of Canada recipient who has performed for both Pope Francis and King Charles. (www.deanta.ca) The concert will be on **April 19 at 7:30 pm**, and held at Notre-Dame Cathedral Basilica.

Proceeds of the concert benefit the Indigenous Reconciliation Fund www.journeyforhealing.ca.

Tickets online at IRFconcert.eventbrite.com or call 613-933-1138, ext. 22. Tickets are \$50, \$35* and \$25. Purchase today to benefit from *early bird pricing. Your attendance at this concert helps support reconciliation efforts, fostering understanding and unity.

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