

HOLY REDEEMER CATHOLIC CHURCH

Address: 44 Rothesay Drive, Kanata, ON K2L 2X1

Telephone: 613-836-1764; Website: www.holyredeemer.ca



4TH SUNDAY IN LENT – MARCH 10, 2024

‘God sent His only-begotten Son so that the world might be saved through Him.’ — John 3:16

MASS SCHEDULE

Sunday Liturgy Mass Times

Saturday Vigil: 5:00 pm
Sunday: 8:00 am, 9:30 am, 11:00 am and 7:00 pm

Weekday Mass Times

Monday, Tuesday, Thursday and Friday: 9:00 am
Wednesday: 7:00 pm
1st Saturday of the Month: 9:00 am

Adoration

1st Friday 8:00 pm to 1st Saturday 8:45 am (*All-Night Vigil*)
Monday, Tuesday and Friday: 8:15–8:45 am
Wednesday: After 7pm Mass
Thursday: After 9am Mass (9:30 am–3:30 pm)
(with 3:00 pm Hour of Great Mercy Devotion)

Reconciliation (or by appointment)

Monday, Tuesday, Thursday, Friday: 8:15–8:45 am
Wednesday: 6:15–6:45 pm
Saturday: 4:00 pm–4:45 pm
Sunday: 6:00 pm–6:45 pm

PASTORAL COUNCIL

Chair: Matthew Bisson (613) 769-1767
Co-Chair: Erin Kinsella erinkinsella@live.ca
Secretary: Nick Rolheiser n.rolheiser+holyredeemer@gmail.com
Finance Operations Chair: Art Lamarche (613) 592-4820
Safe Environment: John Gaudet (613) 800-1833

LITURGICAL MINISTRIES

Adoration:
▪ Thursday (9:30am-3pm): Sharon Stuyt (613) 838-5578
▪ 1st Friday Vigil: Francine Dagenais *Please call the parish office*
▪ Wednesday Holy Hour for Vocations: Erin erinkinsella@live.ca
Altar Servers: Paola Pacheco paopac@yahoo.com
Altar Guild: Lee Armstrong (613) 831-1075
Catechesis of the Good Shepherd:
Kim Baudouin (613) 884-8475
Children’s Sunday Liturgy: Cathy Koss hryouth@icloud.com
Extraordinary Ministers of Holy Communion:
Peter Fortier pete.fortier@gmail.com
Lectors: Kevin Sawyer kevin.sawyerkj@gmail.com
Sacristans: Matthew Bisson (613) 769-1767
Ushers: Samuel Bonti-Ankomah (613) 271-6303
Vocations Ministry: Erin Kinsella erinkinsella@live.ca

PASTORAL CARE

▪ Joanne Williamson (613) 884-2106
▪ Julie Farrow willowfarrow@gmail.com

SACRAMENTAL FORMATION

Baptism Preparation Course reception@holyredeemer.ca
Franca Walsh (Ministry Lead) (613) 836-2219
Christian Initiation of Adults (RCIA):
David Dupuis (613) 709-5065
Christian Initiation of Children (CIC):
Sharon Groulx cic@holyredeemer.ca
Marriage Preparation Course hryouth@icloud.com

MUSIC MINISTRY (CHOIRS)

Saturday 5:00 pm: Roberto Solis (613) 410-4904
Sunday 9:30 am: Roberto Solis (613) 410-4904
Sunday 11:00 am: Eddie Deogrades edeo@rogers.com
Sunday 7:00 pm: Erin Kinsella erinkinsella@live.ca
Funeral Choir: Jeanne Joinette (613) 868-9354

CLERGY

- Pastor: Fr. Paul Nwaeze: pnwaeze@holyredeemer.ca
- Associate Pastor: Fr. Connor O’Hara: father.connor@outlook.com
- Associate Pastor: Fr. Steven Gaudet fr.stevengaudet@gmail.com
- Deacon: Rev. James Kubina: jgkubina@gmail.com
- Deacon: Rev. Mike Doherty: midoherthy1952@gmail.com

OFFICE STAFF

- Coordinator of Temporal Works
Maureen Brannan: ctw@holyredeemer.ca
- Communications Coordinator
Jeremy Eckert: communications@holyredeemer.ca
- Evangelization Coordinator
Teresa Kargul: evangelization@holyredeemer.ca
- Receptionist:
Paola Pacheco: reception@holyredeemer.ca
- Administrative Assistant
Kim Jennings: admin@holyredeemer.ca
- Youth Minister ~ Cathy Koss: hryouth@icloud.com

OFFICE HOURS – CLOSED on Wednesdays and Weekends

Monday, Tuesday, Thursday, Friday 9:30 am to 4:00 pm

SOCIAL MISSION

Care for Creation: Mireille Church creation@ottawacornwall.ca
Development and Peace: Liz Murphy (613) 619-4413
Pro-Life: Ambra Kostyniuk (613) 271-1264
Refugee Committee:
▪ Mary-Lou Hakansson (613) 592-3530
▪ Cathy Deogrades (613) 558-9889
Saint Vincent de Paul Society: Patrick Nzobo .. *Please call the office*
Indigenous Peoples Committee:
Tony Ritchie ritchieanthony3@gmail.com

ORGANIZATIONS / GROUPS IN THE PARISH

Bereavement: Kafui Sawyer hbereavement@gmail.com
Bible Study: Darren Laval (613) 852-9966
Catholic Charismatic Renewal Prayer Group:
Justin holyredeemerprayergroup@gmail.com
Catholic Women’s League: Lillian Delmas delmas@rogers.com
Couples for Christ: Edgar Acosta (613) 315-0702
Cursillo: Marc Bélanger (613) 836-2874
Decorating Ministry: Sharon Stuyt (613) 838-5578
Divine Mercy Cenacle: Norma Dawes (613) 435-3469
Gardening Angels: Bev Murphy (613) 591-3989
Heart of Worship: Kirsten Eckert heartofworshiphr@gmail.com
Homeschool Ministry sarah.rolheiser@gmail.com
Knights of Columbus: Wayne Watts (613) 852-0094
Legion of Mary:
▪ Adult: Balsam Blejani-Khalaf (613) 599-2723
▪ Junior (6-16): Sarah Rolheiser (613) 435-2478
Library: Greg Kam (613) 863-6314
Prayer Shawl: Margaret Donahue (613) 836-7619
Restore: Hailey Krol (613) 315-9403
Religious Articles for Sale: Germaine Gaudet (613) 435-1084
Youth Group: Cathy Koss hryouth@icloud.com
Young Adults: Sarah Groulx youngadultthr@gmail.com
Young Adult Hiking Group: father.connor@outlook.com



PARISH MISSION STATEMENT

“Go therefore and make disciples of all nations, baptizing them in the Name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.” — Matthew 28:19-20

MASS INTENTIONS

4TH SUNDAY IN LENT

<u>Saturday March 9</u>	5:00 pm	For the Parish Community
<u>Sunday March 10</u>	8:00 am	†John and Albert Kirkham by Loretta Kirkham
	9:30 am	†Nicholas Saloman by T.J. and Cathy Koss
		†Nicholas Zaiionchkovsky by Josee Wan-Kam
		†Joseph Zhang and Mary Cao by Xiao Yun Zhang
		†Veronica Clavijo Pacheco by the Family
		†Shirley Despres by John and Germaine Gaudet
		†Rozina Horvat by the Hozjan Family
		†Cathy Kayser by Warner Monteiro
		Intentions and healing of Genevieve Dery by Michael and Josephene Kealey and Family
	11:00 am	†Msgr. Peter Schonenbach, Founding Pastor of Holy Redeemer by HR Foundation Committee
	7:00 pm	†David Windrim by Nuala, Mike and Family
<u>Monday March 11</u>	9:00 am	Intentions of George Richard by Kimberly Peppiatt
<u>Tuesday March 12</u>	9:00 am	†Jim Van Dooran by Wanda and Bernie Hartlin
<u>Wednesday March 13</u>	7:00 pm	Intentions of Kerry Kronberg by Julie and Anna Farrow
<u>Thursday March 14</u>	9:00 am	†Michael Sauro by Lillian Delmas
<u>Friday March 15</u>	9:00 am	†Barbara Baker by Connie Baker

5TH SUNDAY IN LENT

<u>Saturday March 16</u>	5:00 pm	†Kee-Fa Wan-Kam and Simon Chung by Josée Wan-Kam
		†Parents and siblings of Mary Ann Williams
		Intentions and healing of Dr. Owoeye by a Parishioner
		Birthday Blessings of Teresa Leon by the Acosta Family
		Birthday Blessings of Jesus Padilla, Wivina Reyes, Leonora Padilla, Zenaida Sabanpan, Dahlia de la Pena and Juan Carlos Reyes by Yvette Reyes
<u>Sunday March 17</u>	8:00 am	†William Quinn by Margo Weiss
	9:30 am	†Gertrudes Nicolas by the Nicolas Family
	11:00 am	†Deceased and living members of the Rolheiser and Price Families
		†Deceased members of the Bazinet and Labelle Families
		†Beth Picard by the Knights of Columbus Council No. 9544
		Birthday Blessings of Ekene Okweye by the Family
		Birthday Blessings of Mary Lou Oram by the Oram Family
		Intentions and healing of Emilia Fragonemi by Franca Cervo
	7:00 pm	For the Parish Community



PRAYERS FOR THE SICK: Please pray for the sick among our families and friends, especially Dr. Owoeye, Gail Anderson, Genevieve Dery, Annette Gibson, Linda Dupré, John and Lorraine L’Abbé, Victorino B. Jose, Pina DeCurtis, Brenda, Ian McLellan, Lisa Carter, Catherine Levasseur, Andrew and Mark Beyer, Mary Lou Oram, Hedy Stoqua, Serge Gagnon, Luc André Sabourin, Nikita Sabourin, Rebecca Gagnon, Sam Gagnon, Helen Fernihough, Ian Ketelaars, John Kelly, Carlos Arturo Gallego Henao, Alfredo Michelena, Luz Elena Ocampo, Diana Froh, Hiep Vuong, Dan Rivet, Fr. Bob Poole, Anne Louise L., Homeless people with disabilities, Bob Gemmell, Mallory McPherson, Maryanne Mason, Edgar Velez, Kim Vardon, Marie Jarrett, Nancy Campbell, Catherine and Steven Offierski, Diana Codogno, Suzanne Bisson, Marilisa Gronzotto, Monica Sale, Gladys Buermans, Andrew Jacob, Jimmy Bot, Bev Murphy, Aldina P., Tina Dory, Joseph Gunsberg, Giovanni Magliocco, Rhys Cox, the Beaulne Family, the Halaj Family, Zahra Ziaei, Kristin Wilson, Ken Kraglund, Dorothy Voldock, Mounira Abi Aad, Flora Pirez, Franca Cervo, Martha Klump, Maria Pirrone, Ches Power, Marcel Morin, Dan Cillis, Raul Carvalho, Ronald Malcolm. **PRAYERS FOR THE DECEASED:** Let us pray for deceased family and friends of our Parish Community, especially Kathy Pearse.



THE HOLY FATHER’S PRAYER INTENTIONS FOR MARCH: Let us pray for the new martyrs. We pray for those around the world who risk their lives for the Gospel, to inspire the Church with their courage and missionary zeal.

MASS READINGS

4TH SUNDAY OF LENT:

2 Chron 36:14-17a, 19-23++; Eph 2:4-10; John 3:14-21

Monday: Isaiah 65:17-21; John 4:43-54

Tuesday: Ezekiel 47:1-9, 12; John 5:1-16

Wednesday: Isaiah 49:8-15; John 5:16-30

Thursday: Exodus 32:7-14; John 5:18, 31-47++

Friday: Wisdom 2:1a, 12-22; John 7:1-2, 10, 25-30

Saturday: Jeremiah 11:18-20; John 7:40-53

5TH SUNDAY OF LENT:

Jeremiah 31:31-34++; Hebrews 5:7-9; John 12:20-33

SACRAMENTS and ADORATION

Baptism: Three (3) months notice required to complete Sacramental preparation.

Marriage: 6 months notice required before proposed wedding date.

Reconciliation (also by appointment):

Monday, Tuesday, Thursday, Friday: 8—8:45 am;

Wednesday: 6—6:45pm; Saturday: 4—4:45 pm; Sunday: 6—6:45pm

Sacrament of the Sick / House Blessings: Please phone the office.

Adoration: Please note, at times we will have to cancel Adoration due to funerals, etc. Please check the website or call the office to confirm hours:

✠ALL-NIGHT VIGIL: 1st Friday 8:00 pm to 1st Saturday 8:45 am

✠Monday, Tuesday, Friday: 8:15 am-8:45 am

✠Wednesday: After Mass (to pray for Vocations)

✠Thursday (after Mass) 9:30am to 3:30pm (3pm Great Hour of Mercy)

PASTOR'S CORNER

ST. JOSEPH FEAST DAY TUESDAY, MARCH 19

9:00am and 6:30pm Mass (added)

In order to honour St. Joseph, we will celebrate **two Masses on Tuesday March 19** for St. Joseph's Feast Day — 9am and 6:30pm.

Please note ... the **Heart of Worship evening** was moved to March 19 in lieu of the fourth Tuesday falling within Holy Week. Adoration, Praise and Worship, Confession and talk will start directly following the 6:30pm Mass.

A reminder — the **Novena to St. Joseph begins Sunday March 10th!** If you do not have a St. Joseph's Novena available, we offer one [HERE](#).



Memorare to St. Joseph

Remember, O most pure Spouse of the Blessed Virgin Mary, my noble protector, St. Joseph, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession, was left unaided. Inspired by this confidence, I come to you, my Spiritual Father, and fervently commend myself to you. Despise not my petitions, O Guardian of the Redeemer, but in your goodness hear and answer me. AMEN.

OUR LENTEN JOURNEY

LENLEN PENANCE SERVICE

Wednesday, March 20 at 7PM

Several Priests available for Confession
Service only — *not a Mass*
(9AM Weekday Mass added)



STATIONS OF THE CROSS

Fridays at 7PM

February 16Led by the Knights of Columbus
February 23 Led by Catholic Women's League
March 1 Led by Pro-Life Ministry
March 8 Led by the Legion of Mary
March 15 Led by St. Vincent de Paul
March 22 Led by Care for Creation
Good Friday, March 29 Youth Tableau



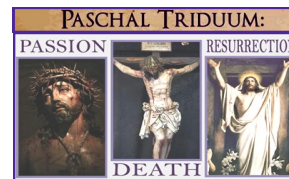
HOLY WEEK MASS SCHEDULE

Monday March 25 9AM

Tuesday March 26

- Parish Weekday Mass 9AM
- Chrism Mass at Notre Dame Cathedral5PM

Wednesday March 277PM



HOLY THURSDAY March 28 **7PM**

GOOD FRIDAY March 29

- Divine Mercy Novena Day-1 11:40AM and 2:40PM
- Passion Service **12 Noon** and **3PM**
- Youth Tableau7PM

HOLY SATURDAY March 30 (*no Confession*)..... **8PM**

EASTER SUNDAY March 31 **9AM** and **11AM**

..... (*No 7PM Mass on Easter Sunday*)

Kanata's Annual GOOD FRIDAY, ECUMENICAL WALK OF THE CROSS Friday, March 29 1—2pm

Hosted by Trinity Presbyterian Church
1817 Richardson Side Road, Kanata

The Walk will be the same as last year; it will be held in the Church parking lot. The route will be shorter and can accommodate those with mobility issues. Stops will be made for scripture readings and reflection. We will conclude with refreshments.

Join us to commemorate Christ's walk to His crucifixion.

We will walk rain/snow or shine. Everyone is welcome — please invite a friend!

For more **information** call **613-286-2323**.



THE DIVINE MERCY NOVENA BEGINS ON GOOD FRIDAY

[CLICK HERE FOR THE 9-DAY NOVENA](#)

Everyone is invited to celebrate Holy Redeemer's 10th Anniversary of the Observance of the Feast of Divine Mercy on **Sunday, April 7, 2024**, the first Sunday after Easter between 2 – 4 pm.

In order to prepare for this great Feast it is recommended to pray the Divine Mercy Novena which **the Lord has asked us to begin on Good Friday** (March 29), and end on the following Saturday, Divine Mercy Vigil (April 6).

This year the 12 Noon and 3 pm Good Friday observances will be preceded by the recitation of the Divine Mercy Novena, starting at 11:40 am and 2:40 pm respectively.

***For the sake of His sorrowful passion,
have mercy on us and on the whole world!***

Jesus, I trust in You!



Easter Flower Program

Would you like to help beautify the Sanctuary and the Altar of Repose during the Easter's Triduum and Paschal Season?

Please pick up an 'Easter Flower' donation envelope and place it in the collection basket, or leave it at the office by March 22nd.

If you would like the donation to be in memory of a loved one, please make sure to clearly print their name on the envelope.

Thank you for your generosity throughout the year!



1 hour LESS
sleep THIS
weekend,
Sunday, March 10th!



RELIGIOUS ARTICLES FOR SALE IN THE VESTIBULE!



For your convenience and benefit, religious items will be available for purchase in the vestibule after each Mass **THIS weekend and NEXT!**

Come browse for those special gifts! If time is not a problem, you can order from the catalogues, as well as browse online [HERE](#).

If you have questions, or do not see the item displayed, please call Germaine Gaudet at **(613) 435-1084**, and she will place the order for you.

DIVINE MERCY EVENTS

AWARD-WINNING VIDEO: "TIME FOR MERCY" on Sunday, March 17 from 3pm

— 5:15pm in the Church proper. Many people may know the image or the Chaplet but this film takes an unflinching look at the Biblical witness of God's judgement and mercy, the offering of God's mercy in Christ, and the troubles of today's world — from recurring natural disasters and environmental threats, to the growing list of human tragedies. We invite you to hear about the Divine Mercy message for our times and to explore signs of God's mercy in this. **Guest Speaker:** Fr. Waldemar Podlasz, SDS with Q&A. For more information, please call 613-254-7220.

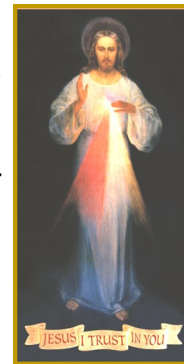


10th ANNIVERSARY CELEBRATION OF DIVINE MERCY SUNDAY: Please join us on Sunday,

April 7 from 2—4pm. There will be Confession, sung Chaplet, a reflection given by Father Francis Donnelly, CC, other short prayers and ending with Consecration to the Divine Mercy for the whole world. Benediction and Veneration of the blessed Divine Mercy image and 1st class relics of St. Faustina, Blessed Fr. Michael Sopocko, St. John Paul II, St. Maximillian Kolbe and St. Therese of Lisieux. The Lord told St. Faustina: "You will prepare the world for My final coming." (Diary 429) More info: (613) 254-7220.

ANNUNCIATION OF THE LORD CELEBRATION — *Feast Day moved to April 8 in lieu of March 25 falling within Holy Week:* St. Maurice Church is hosting an all-night prayer vigil in honour of Our Lady from **9pm on April 7** (Divine Mercy Sunday evening) **ending with 6pm Mass on Monday, April 8.** If you are available to spend one hour with the Lord, please contact shirley@nedoborski.com.

Divine Mercy Promises



1. "The souls that say this chaplet will be embraced by My mercy during their lifetime and especially at the hour of their death." [745]

2. "When hardened sinners say it, I will fill their souls with peace, and the hour of their death will be a happy one." [1541]

3. "Write that when they say this chaplet in the presence of the dying, I will stand between My Father and the dying person, not as the just Judge but as the merciful Savior." [1541]

4. "Whoever will recite it will receive great mercy at the hour of death." [687]

5. "Priests will recommend it to sinners as their last hope of salvation. Even if there were a sinner most hardened, if he were to recite this chaplet only once, he would receive grace from My infinite mercy. I desire that the whole world know My infinite mercy. I desire to grant unimaginable graces to those souls who trust in My mercy." [687]

6. "To priests who proclaim and extol My mercy, I will give wondrous power; I will anoint their words and touch the hearts of those to whom they will speak." [1521]

7. "At three o'clock, implore My mercy, especially for sinners; and, if only for a brief moment, immerse yourself in My Passion, particularly in My abandonment at the moment of agony. This is the hour of great mercy for the whole world. I will allow you to enter into My mortal sorrow. In this hour, I will refuse nothing to the soul that makes a request of me in virtue of My Passion." [1320]

8. "Souls who spread the honour of My mercy I shield through their entire life as a tender mother her infant, and at

the hour of death I will not be a Judge for them, but the Merciful Savior." [1075]

9. "I promise that the soul that will venerate this image will not perish. I also promise victory over [its] enemies already here on earth, especially at the hour of death. I Myself will defend it as My own glory. [48]... "The two rays denote Blood and Water. The pale ray stands for the Water which makes souls righteous... These two rays issued forth from the very depths of My tender mercy when My agonized Heart was opened by a lance on the Cross. These rays shield souls from the wrath of My Father." [299]

10. "I am offering people a vessel with which they are to keep coming for graces to the fountain of mercy. That vessel is this image with the signature: "Jesus, I trust in You." [327]

11. "By means of this image I shall grant many graces to souls. It is to be a reminded of the demands of My mercy, because even the strongest faith is of no avail without works." [742]

12. "I desire that the Feast of Mercy... be solemnly celebrated on the first Sunday after Easter... The soul that will go to Confession and receive Holy Communion shall obtain complete forgiveness of sins and punishment." [699]

13. "Through the chaplet you will obtain everything, if what you ask for is compatible with My will." [1731]

Excerpts taken from the Diary of St Faustina Kowalska, "Divine Mercy in My Soul," © 1987, Congregation of Marians of the Immaculate Conception, Stockbridge, MA 01263

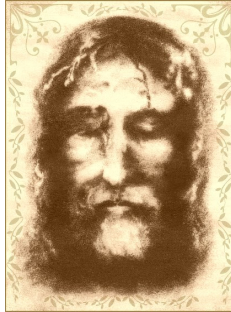
PARISH MINISTRY HAPPENINGS ...

SHAMROCKS

On the weekends of **March 9/10 & March 16/17**, members of the Knights of Columbus will have Shamrocks available in the vestibule **in support of the Residents of Saint Patrick's Home.** A freewill offering would be very much appreciated.
KofC Holy Redeemer Council 9544

DEVOTION TO THE HOLY FACE OF JESUS

In 1843, Our Lord instructed Sr. Marie of St. Peter to institute the Holy Face of Jesus devotion. This devotion would make reparation for the sins of atheism, communism and blasphemy. Please join us for a talk by **Ted and Joanne Sabourin** on the Holy Face of Jesus Devotion:



Monday, March 18 at 10am (after Mass)
Followed by refreshments in the Hall
(coffee and muffins)

HOLY REDEEMER CONTINUES ON THE PATH TO INDIGENOUS RECONCILIATION



1. We are launching a new discussion series called the Holy Redeemer **Indigenous Reconciliation Learning Circle**, where we will explore Indigenous books, video and other resources. All parishioners are welcome to join us for these virtual sessions at **7pm on the third Tuesday of each month**. Our first session on April 16 will explore a Jesuit sponsored film *"They came for the Children"*. More information on the film is available [HERE](#).
2. As well, we will be having another **Blanket Exercise** led by Kateri Native Ministry on **Sunday April 21, from 1:30 - 4:30pm**. The blanket exercise is an interactive educational program that teaches the history of colonization in Canada.

To register for these events, please contact Tony Ritchie at ritchieanthony3@gmail.com.

ST. PATRICK DAY PILGRIMAGE

Come walk with us!

We will depart St. Patrick's Fallowfield on **Saturday, March 16th at 8AM** and head out on pilgrimage to St. Patrick's Basilica! Pilgrims have included Companions of the Cross, Sisters of the Servants of the Cross and of the Queenship of Mary.

The 28 km walk will take approximately 8 hours and will conclude with Mass at 4:30 PM in St. Patrick's Scavi (lower-level). For more pilgrimage details — route, optional starting points and more, click <http://tinyurl.com/3kwbtu8>.



SPRING BEREAVEMENT GROUP SUPPORT

The Bereavement Ministry was established in 2018 to meet the growing needs of those who have lost a loved one and who are in need of grief support.



If you wish to journey with us, our next Bereavement group support will commence on **Tuesday, March 26, at 7pm**. **Registration is required as space is limited.** This Ministry offers a welcoming space that enables people to share their grief story in a safe and confidential manner while providing the tools and resources necessary to successfully manage grief. For further info please contact us at: hbereavement@gmail.com

Holy Redeemer Charismatic Prayer Group Monday, March 18th at 7PM



Praise and Worship, Testimonies and Refreshments in the Church Hall ... everyone is invited!

THIRD MONDAY OF EVERY MONTH!

PRO-LIFE EVENTS

PRO-LIFE TALK ON EUTHANASIA APOLOGETICS — A GUIDE TO DISCUSSING ASSISTED SUICIDE: Hosted by Blessed Sacrament Parish (194 Fourth Avenue) on **Friday, March 22nd from 7:00 to 8:30 PM**. Euthanasia and assisted suicide have been rapidly expanding in Canada since legalization in 2016 and more and more vulnerable people are at risk. Learn how to change hearts and minds on assisted suicide using street-tested apologetics to rebuild a culture of life. Presented by Blaise Alleyne of the Canadian Centre for Bio-Ethical Reform.

SCREENING OF ROE CANADA : THE DOCUMENTARY
Wednesday, May 2 at 7PM

A Dunn Production—Free of Charge
Blessed Sacrament Parish, Ottawa



"It tells the truth North America is forbidden to know". — Mike Aquilina, VP, St. Paul Center for Biblical Theology. Come and hear the truth of what is happening in our country. Could a country like Canada ever experience a day like the Americans did on June 24? Will we ever have a moment as significant as Roe's demise? The answer the film proffers is — Yes! Yes, if each of us take individual responsibility for the abortions happening under our watch. Yes, if we choose activism over pessimism. Yes, if our passion grows into perseverance. Yes, if our own hearts are converted, and others follow. Yes, if our faith in God overcomes our fear. And if Canada can change, certainly the rest of the world can too. An opportunity to give a free will offering will be made possible to support this very important work.

For more info, click this link: <http://roecanada.com/>.

PARISH HAPPENINGS ...

Development and Peace — Training Next-Generation Farmers in Indonesia

In rural Indonesia, young people are abandoning agriculture to work in cities. Over time, this could threaten food sovereignty.

Our partner PAYOPAYO empowers village communities to work together to find solutions to common challenges related to agriculture, food, energy, natural resource management and the engagement of youths, especially women. This Lent, meet our solidarity visitor Karno Batiran, the executive director of PAYOPAYO. Watch a short video to learn more about their work [HERE](#). Learn more at devp.org/lent.



2-DAY MARRIAGE PREPARATION COURSE



Congratulations on your engagement!

Embracing marriage as a sacrament will transform your whole life together and take your love to a much deeper level. The Marriage Preparation Course is a requirement and gives couples an opportunity to have some important discussions prior to getting married.

Our **2-day Marriage Preparation Course** is being offered:

- ☑ **Friday, May 17** (7pm—10pm); **and**
- ☑ **Saturday, May 18** (10am—6pm with Mass)
- ☑ **Cost:** \$100 (includes guidebook).

To register, please contact the Cathy Koss in the parish office at hryouth@icloud.com.

SPIRITUAL MOTHERHOOD OF PRIESTS (SMOP) APOSTOLATE

is inviting all Catholic women interested in becoming a Spiritual Mother of Priests which is sanctioned by Holy Mother Church.

Formation Weekend consists of pertinent talks to understand the concept followed by Induction / Renewal Promises Mass celebrated by Auxiliary Bishop Yvan Mathieu — April 26, 27 and 28 at St. Maurice Parish, Nepean. Details on events page and registration at www.spiritualmotherhoodofpriests.ca. Please **register by Monday, April 22**. We encourage current spiritual mothers to attend to further understand the concept of our apostolate. More info: 613-254-7220.

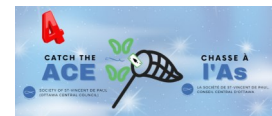


Saint Vincent de Paul Ottawa Central Council



Serving the poor with love, respect, justice, hope and joy!

'CATCH THE ACE' LOTTERY — ROUND 4



The Ottawa Central Council (OCC) of the **SOCIETY OF SAINT VINCENT DE PAUL** is pleased to announce Round-4 of the **weekly** Catch the Ace lottery. The draw is **EVERY Tuesday** until the Ace of Spades is drawn. **Tickets can be purchased EARLY** (online only) for \$10. Proceeds of this lottery go to support the MultifaitH Housing Initiatives for affordable, safe and permanent housing for Indigenous and new Canadians. For more information, visit: <https://ssvpottawa.ca/>. Thank you!



PILGRIM VIRGIN OF OUR LADY OF FATIMA

Home Visitation Program: Holy Redeemer's Legion of Mary invites parishioners to reserve a home visit of the Pilgrim Virgin Statue of Our Lady of Fatima for a one-week period. To arrange a visit of Our Lady, please contact Balsam Blejani-Khalaf (bblejanikhalaf@gmail.com; 613-599-2723).

PRAYER SHAWL MINISTRY: Did you know that Holy Redeemer is blessed to have a ministry that makes beautiful prayer shawls for people in our community who are in need of a prayer and a hug to comfort them through their trying times? We have shawls for men, women, children as young as preemies, in various colours and patterns! If you know anyone who could benefit from this free service, please call Margaret Donahue (hrprayershawlmin@gmail.com; 613-836-7619), and she will make arrangements to connect and provide you with one of these beautiful, hand-made gifts to brighten someone's day.



CATHOLIC WOMEN'S LEAGUE PRAYER

BOX: We invite you to place your intentions in this prayer box and CWL members will raise them in prayer on your behalf. Rest assured that we will never open your papers, nor read your words. We pray fully in the trust that our Lord knows your needs. The papers are burnt unopened at the end of the month.

EUCCHARISTIC ADORATION — Parish Vocations Ministry invites you to an hour of Adoration **every**



Wednesday evening following the **7:00pm Mass**. Join us as we **pray for** an increase in the response to God's call to the priesthood, diaconate, religious life, consecrated life, and marriage.


QUO VADIS? Is the Lord calling you to serve Him as a Priest? Join other men discerning the priesthood for **monthly formation**, fellowship, and



Eucharistic Adoration. Each night will be held at the new Café des Tours, located in the basement of Notre Dame Cathedral in Ottawa. **To join the Quo Vadis email list or for more information, contact Fr. Connor O'Hara**, Vocations Director for the Ottawa-Cornwall Diocese at vocations@ottawacornwall.ca.

ARE YOU NIGERIAN? IGBO? CATHOLIC? Join the Igbo Catholic Community for Mass (in the Igbo language!) on the **last Sunday of EVERY month** at St. Peter's Parish, 1640 Heatherington Road at 1:30 PM. Mass is followed by fellowship and refreshments in the Church Hall. Chaplain — Fr. Paul Nwaeze; Coordinator — John Anoliefo (289-988-2696); Info: info@igbomass-ottawa.ca.

YOUTH MINISTRY CONNECTION ...!




Children's Liturgy of the **Word**


Every Sunday at **9:30AM AND 11:00AM!**

Volunteers needed at 11am!

YOUTH GROUP ... Every Friday!



The ROCK
Grades 6-8
Fridays,
6:30-8:30pm



JAM
(Jesus And Me)
Grades 9-12
Fridays, 8:30-10pm

Questions? Contact our AMAZING Youth Minister Cathy Koss ~ hryouth@icloud.com!!

YOUNG ADULT MINISTRY


The Young Adults Group have resumed meeting **bi-weekly** in the Church Hall from **5PM to 6:30PM**. Next meeting ...

→ SUNDAY, MARCH 10!

If you are between the **ages of 19 and 36**, you are welcome to join our bi-weekly meetings for **fellowship, faith formation and pizza!**

For more information, please contact Sarah at youngadulthr@gmail.com.

YOUNG ADULTS HIKING GROUP: Join Father Connor on a hike and enjoy some fellowship and the beauty of God's creation. If you, or someone you know is interested, and are between the **ages of 16 and 35**, please email Father Connor at father.connor@outlook.com.





A Lenten Series Podcast starting Wednesday, February 14, for children **ages 6 —12!** With the support of the team at Hallow, SAINTS ALIVE created a brand new series (Lent for Kids and Eucharistic Miracles in 2024!). These audio dramas bring the greatest heroes of our Faith to life — professional voice actors and directors — the shows are compelling, professional and entertaining! **To access the podcasts** and more, [CLICK HERE!](#)



AROUND THE DIOCESE ...!


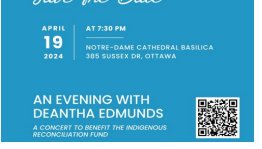
OTTAWA CATHOLIC YOUNG PROFESSIONALS LENT RETREAT: Join us **Saturday, March 16** at St. George Parish for retreat day including talks, confession, Mass, fellowship and more! Come learn and grow deeper in your faith while meeting like-minded friends! Go www.OCYP.ca or look us up on Facebook to register!

FRESH FIRE MINISTRY! Hosted by the Servants of the Cross at St. Maurice Parish, Nepean, on **Friday, March 15 from 6:30—9:30pm and Saturday, March 16 from 10am to 9pm**. Come and be empowered by the Holy Spirit — talks by Fr. Ben St. Croix CC, Fr. Ken Law CC, Sr. Anna Chan SC, Pauline McGrath and Ben Turland, with worship, small groups and fun activities! For further information on this retreat : <https://servantsofthecross.regfox.com/fresh-fire-retreats>.

PRAYERS FOR MORE ... An invitation to individual prayer ministry with trained Prayer Ministers. Hosted online by the Servants of the Cross on **Thursday, March 21 from 7pm—8pm** by ZOOM. Register for the Zoom Link at: <https://servantsofthecross.ca/engage/i-am-hungry/#prayersformore>.

AN EVENING OF BEAUTIFUL MUSIC

Join us for an unforgettable evening of music and community support as we welcome Deantha Edmunds, recent Order of Canada recipient, who has performed for both Pope Francis and King Charles. (www.deantha.ca) The concert will be on **April 19 at 7:30 pm**, and held at Notre-Dame Cathedral Basilica.

Proceeds of the concert benefit the Indigenous Reconciliation Fund www.journeyforhealing.ca. Tickets are \$50, \$35* and \$25. To purchase tickets call 613-933-1138, ext. 22, or go online IRFconcert.eventbrite.com. Purchase today to benefit from *early bird pricing. This concert helps to support reconciliation efforts, fostering understanding and unity.

DIOCESAN WEDDING ANNIVERSARY MASS: For those celebrating 60 (or more), 50, 40, 30, 25 and 20 years of marriage. At Notre Dame Cathedral Basilica on **Sunday, April 14, 2:30PM**. The registration form is available at <https://forms.office.com/r/jpBDLwD0Kg>. Please **register before Easter** to ensure your spot (note the earlier date).

70% of spouses don't know the details of their partner's final wishes

Start the conversation. Call: 613-591-6580



Kelly Funeral Home
Kanata Chapel
by Arbor Memorial
kellyfh.ca/Kanata
Arbor Memorial Inc.

Hulse, Playfair & McGarry
Funeral, Cremation and Celebration of Life Services
Services de Funérailles, de Crémation et de Célébration de la Vie



Tom Flood, Sr. Vice-President

In our 100th year of service to your community

613-728-1762 www.hpmcgarry.ca

JUST LIKE FAMILY HOME CARE

613-435-5558

555 Legget Dr. Tower A, Suite 304
Kanata, ON K2K 2X3

ottawa@justlikefamily.ca
www.justlikefamily.ca

Care services for Seniors in private homes, assisted and independent living facilities.
Big enough to make a difference, small enough to care.



MARY NUTE
SALES REPRESENTATIVE

mary@marynute.com

613.592.6400

Cell 613.791.2540
Fax 613.592.4945
484 Hazeldean Rd.
Kanata, ON K2L 1V4

ROYAL LEPAGE
Team Realty
Independently Owned and Operated, Brokerage

Kevin Sawyer LLB, BCL
General Practice
Lawyer & Notary
613-265-8317

kevinsawyer@sawyerlaw.ca
www.sawyerlaw.ca

GEOMARK
BOOKKEEPING & CONSULTING

Bookkeeping & Consulting

Georgia Gabriel-John
(613) 986-0648

info@geomarkbookkeeping.com

www.geomarkbookkeeping.com



Ottawa

City of Ottawa
110 Laurier Avenue West
Ottawa, ON K1P 1J1
tel.: (613) - 580 - 2752
allan.hubley@ottawa.ca
www.councillorallanhubley.ca

✉ @Kanata_SouthW23 f @AllanHubley23

Councillor Allan Hubley, Ward 23, Kanata South

The Glen
EST. 1988

Scottish Restaurant & Pub

1010 Stittsville Main Saint
Stittsville, ON K2S 1B9

John McConville, Owner/Operator
613-836-5622; www.theqlen.ca

DANNY NAILS & SPA

Terry Fox Plaza
500 Hazeldean Road, unit 110
Kanata ON K2L 2B5
www.dannynailsspa.ca

BUSINESS HOURS

MON-FRI 9:30AM-7:30PM
SATURDAY 9:30AM-6PM
SUNDAY 10:00AM-5PM

613-836-8819

Martin Manadan
Accounting & Tax

(613) 909-3184



Personal and Business
Tax Returns

Accounting Service
for Small Businesses

1902 Robertson Road, Suite 210B
www.ManadanAccounting.com



the bradley
retirement living

Studio Apartments from \$2995 (Meals Included!)

Caring Community, Delicious Food & Social Activities

613.290.5817

130 Goulbourn Forced Rd, Kanata, Ontario

Knights of Columbus INSURANCE
YOUR SHIELD FOR LIFE

David Gallagher FIC, CPCA
Field Agent
613.422.3117
david.gallaher@kofc.org



LIFE INSURANCE | LONG-TERM CARE INSURANCE
RETIREMENT ANNUITIES | DISABILITY INSURANCE

PROTECTING CATHOLIC FAMILIES SINCE 1882.

DANNY MOVING SERVICES Ltd.

Pickup & Delivery

RESIDENTIAL • COMMERCIAL

WE ARE COVERED BY INSURANCE AND WSIB

500 Hazeldean Road, Unit 110, Kanata

Tel: (613) 793-5678

f Dannymovingervicesltd
dannymovingervicesltd@gmail.com
www.dannymovingervicesltd.com



Joy
Health & Research
Centre

Kafui Sawyer, M.A.
(Couns. Psych.)

Registered Psychotherapist
Clinical Supervisor
Mental Health Consultant

Tel: 613-890-PSYC (7792)

Email: kafuisawyer@joyfrc.com

www.jovhrc.com

Specialist in Dialectical Behaviour Therapy
Trauma (PTSD) and Addictions Recovery
Child, Youth, and Family Therapy Resiliency,
Training, and Research

Liturgica inc.

CHURCH SUPPLIES • RELIGIOUS ARTICLES
FOURNITURES D'ÉGLISE • ARTICLES RELIGIEUX
Unit 209—2310 St. Laurent Blvd.

Tel: (613) 745-1537

info@liturgica.ca
www.liturgica.ca

Bridlewood Home hardware

90 Michael Cowpland Dr.
(at Eagleson)

613.599.7447

www.homehardware.ca



BRADLEY
LIFESTYLE PLANNING

KAREN BRADLEY

Financial Organization
Lifestyle Transition, Estate Settlement

613-868-2751

karen@bradleyplanning.ca
www.bradleyplanning.ca



HEARTY LAW

KNOWLEDGEABLE | EFFECTIVE | PROFESSIONAL
For all your wills, estates and family law needs...

HeartyLaw.ca
(613) 421-5629
admin@heartylaw.ca

B&L Automotive

Bob Lavergne
Technician

613.591.3059

660 Eagleson Road
Kanata, Ontario K2M 1H4



EVA ATHARI

Realtor

D.613.295.1311

O.613-596-5353

eva.athari@hallmarkottawa.com

remaxhallmark.com

RE/MAX
HALLMARK REALTY GROUP
RAISING THE BAR

Danny Tran
CLEANING SERVICES Inc.

RESIDENTIAL • COMMERCIAL

WE ARE COVERED BY INSURANCE AND WSIB

500 Hazeldean Rd., Unit 110
Kanata ON K2L 2B5

Tel: 613-853-0010

f Dannytrancleaningservicesinc
Dannytrancleaningservicesinc@gmail.com
www.dannytrancleaningservicesinc.com

HAZELDEAN FAMILY CHIROPRACTIC

Dr. Erin McLaughlin

Dr. Pierre Paradis

613-831-9665

hazeldeanchiropractic.com



PRAY THE ROSARY FOR WORLD PEACE



Naija Village Pot
226-501-6039

Local Nigerian delicacies —
Okpa, Ukwa, abacha, nkwobi,
pepper soups, moin-moin asun,
isi-ewu, firewood jollof rice ...
and more! Call to order now!