HOLY REDEEMER CATHOLIC CHURCH

Address: 44 Rothesay Drive, Kanata, ON K2L 2X1

Telephone: 613-836-1764; Website: www.holyredeemer.ca

4TH SUNDAY OF EASTER - April 21, 2024

'The good shepherd lays down his life for the sheep.' — John 10:11



MASS SCHEDULE	
Sunday Liturgy Mass Times Saturday Vigil:5:0	0 nm
Sunday:8:00 am, 9:30 am, 11:00 am and 7:0	
Weekday Mass Times	
Monday, Tuesday, Thursday and Friday:9:0	0 am
Wednesday:7:0	
1st Saturday of the Month:9:0	0 am
Adoration	
1st Friday 8:00 pm to 1st Saturday 8:45 am (All-Night Vigil)	
Monday, Tuesday and Friday:8:15–8:4	5 am
Wednesday: After 7pm	
Thursday: After 9am Mass (9:30 am–3:3	0 pm
(with 3:00 pm Hour of Great Mercy Devo	otion)
Reconciliation (or by appointment)	
Monday, Tuesday, Thursday, Friday:8:15–8:4	5 am
Wednesday:6:15–6:4	
Saturday:4:00 pm-4:4	5 pm
Sunday: 6:00 pm-6:4	5 pm

Wednesday:After 9am M	
	Great Mercy Devotion)
Reconciliation (or by appointment)	
Monday, Tuesday, Thursday, Friday:	8:15-8:45 am
Wednesday:	6:15-6:45 pm
Saturday:	4:00 pm-4:45 pm
Sunday:	6:00 pm–6:45 pm
PASTORAL COUNCIL	
Chair: Matthew Bisson	(613) 769-1767
Co-Chair: Erin Kinsella	
Secretary: Nick Rolheiser n.rolheiser+ho	
Finance Operations Chair: Art Lamarche	
Safe Environment: John Gaudet	(613) 800-1833
LITURGICAL MINISTRIES	
Adoration:	/
■ Thursday (9:30am-3pm): Sharon Stuyt	
 1st Friday Vigil: Francine Dagenais Plea Wednesday Holy Hour for Vocations: Erin 	
Altar Servers: Paola Pacheco	nagnac@yahoo com
Altar Guild: Lee Armstrong	
Catechesis of the Good Shepherd:	
Kim Baudouin	(613) 884-8475
Children's Sunday Liturgy: Cathy Koss	hryouth@icloud.com
Extraordinary Ministers of Holy Communion	
Peter Fortier	
Lectors:	,
Sacristans: Matthew Bisson	, ,
Vocations Ministry: Erin Kinsella	, ,
PASTORAL CARE	
Joanne Williamson	(613) 884-2106
■ Julie Farrow wi	
SACRAMENTAL FORMATION	- 0
Baptism Preparation Course recep	
Franca Walsh (Ministry Lead)	(613) 836-2219
Christian Initiation of Adults (RCIA):	
David Dupuis	(613) 709-5065
Christian Initiation of Children (CIC):	aia (Chaluwa da a mar a a
Sharon Groulx	
MUSIC MINISTRY (CHOIRS)	myouth@iotouu.com
• •	(612) 410 4004
Saturday 5:00 pm: Roberto Solis Sunday 9:30 am: Roberto Solis	
Sunday 11:00 am: Eddie Deogrades	
Juliary 11.00 alli. Laule Deuglaues	saeowiogeis.com

Sunday 7:00 pm: Erin Kinsella <u>erinkinsella@live.ca</u>
Funeral Choir: Jeanne Joinette (613) 868-9354

CLERGY
> Pastor: Fr. Paul Nwaeze:pnwaeze@holyredeemer.ca
> Associate Pastor: Fr. Connor O'Hara:
father.connor@outlook.com
> Associate Pastor: Fr. Steven Gaudet
<u>fr.stevengaudet@gmail.com</u>
> Deacon: Rev. James Kubina:jgkubina@gmail.com
> Deacon: Rev. Mike Doherty:midoherty1952@gmail.com
OFFICE STAFF
> Coordinator of Temporal Works
Maureen Brannan: <u>ctw@holyredeemer.ca</u>
➤ Communications Coordinator
Jeremy Eckert: <u>communications@holyredeemer.ca</u>
➤ Evangelization Coordinator
Teresa Kargul: <u>evangelization@holyredeemer.ca</u>
➤ Receptionist:
Paola Pacheco: <u>reception@holyredeemer.ca</u>
Administrative Assistant
Kim Jennings: <u>admin@holyredeemer.ca</u>
> Youth Minister ~ Cathy Koss:hryouth@icloud.com
<u>OFFICE HOURS</u> – CLOSED on Wednesdays and Weekends Monday, Tuesday, Thursday, Friday 9:30 am to 4:00 pm

SOCIAL MISSION	
Care for Creation: Mireille Church <u>creation@ottawacornwall.c</u>	a
Development and Peace: Liz Murphy (613) 619-441	3
Pro-Life: Ambra Kostyniuk (613) 271-126	4
Refugee Committee:	
■ Mary-Lou Hakansson (613) 592-353	0
■ Cathy Deogrades	9
Saint Vincent de Paul Society: Patrick Nzobo Please call the offic	е
Indigenous Peoples Committee:	
Tony Ritchie ritchieanthony3@gmail.cor	n
	_
ORGANIZATIONS / GROUPS IN THE PARISH	
Bereavement: Kafui Sawyer <u>hrbereavement@gmail.con</u>	
Bible Study: Darren Laval (613) 852-996	6
Catholic Charismatic Renewal Prayer Group:	
Justin <u>holyredeemerprayergroup@gmail.con</u>	
Catholic Women's League: Lillian Delmas delmas@rogers.con	
Couples for Christ: Edgar Acosta (613) 315-070	
Cursillo: Marc Bélanger (613) 836-287	
Decorating Ministry: Sharon Stuyt (613) 838-557	
Divine Mercy Cenacle: Norma Dawes (613) 435-346	
Gardening Angels: Bev Murphy(613) 591-398	
Heart of Worship: Kirsten Eckert <u>heartofworshiphr@gmail.con</u>	
Homeschool Ministry sarah.rolheiser@gmail.con	
Knights of Columbus: Wayne Watts (613) 852-009	4
Legion of Mary:	_
Adult: Balsam Blejani-Khalaf (613) 599-272	
Junior (6-16): Sarah Rolheiser	
Library: Greg Kam	
Prayer Shawl: Margaret Donahue (613) 836-761	
Restore: Hailey Krol	
Religious Articles for Sale: Germaine Gaudet (613) 435-108	
Youth Group: Cathy Kosshryouth@icloud.con	
Young Adults: Sarah Groulx youngadulthr@gmail.con	
Young Adult Hiking Group: father.connor@outlook.con	<u>n</u>



Hello! Welcome to Holy Redeemer Parish!

If you are new to our Parish Community, please make sure to drop by our 'Welcome Area' in the vestibule! If you would like to register as a parishioner, please visit our website and click "I'm New", or scan the QR code. We're delighted you've joined us!



MASS INTENTIONS

4TH SUNDAY OF EASTEI	R			
Saturday April 20	5:00 pm	†Francisca Tejada by the Acosta Family †Anne and Bill Taylor by the Corr and Taylor Families †Jeanne and Bill Eves by Brenda Keightley †Emile Jazzar by Ann Beauchamp †Gene Szabo by Mary Szabo and Family †Robbie Raymond by Anna and Julie Farrow Birthday Blessings for Giovanni Magliocco by Maria and Dominic Pirrone		
Sunday April 21	8:00 am	†Rita Maheral by Clarence Maheral †William Quinn by Margo Weiss †Gene Szabo by Kim Peppiatt †Helen Hodgins by Finley and Tom Kavanagh For the Holy Souls in Purgatory by Mary Lou Oram Intentions of Father Francis Donnelly, CC, and in thanksgiving for those who assisted during the Divine Mercy Celebration, by Maria Pirrone		
	9:30 am	†Deceased and living members of the Costa Torre Families		
	11:00 am	-		
	7:00 pm	For the Parish Community		
Monday April 22	9:00 am	Birthday Blessings for Paulette Rivet by the Family		
Tuesday April 23	9:00 am	†John Curry by Bernie and Wanda Hartlin		
Wednesday April 24	7:00 pm	Wedding Anniversary Blessings for Jacob and Evbu Okweye by the Family		
Thursday April 25	9:00 am	†Deceased and living members of the Hughson, Oram and McMillan Families by Mary Lou Oram		
Friday April 26	9:00 am	†Françoise Dagenais by the Family		
5TH SUNDAY OF EASTER				
Saturday April 27	5:00 pm	†Jeanne and Bill Eves, the Holy Souls in Purgatory, and for all sinners by Brenda Keightley †Galal Camille by the Family †Mr. Sukhwinder Singh Dhaliwal by Kim Peppiatt †Marta Klump by Leo Klump Birthday Blessings for Lisa White by the Family		
Sunday April 28	8:00 am	†Emmett Shields by Kathleen Shields		
	9:30 am	Birthday Blessings for Patrick Jennings by Kim		
	11:00 am	†Pablo Varela by Sandi Gauthier		
	7:00 pm	For the Parish Community		



PRAYERS FOR THE SICK: Please pray for the sick among our families and friends, especially Catalina Perez, Lisa Profit, Johanna Fahie, Lucy Cove, Alan King, Dr. Owoeye, Gail Anderson, Genevieve Dery, Annette Gibson, Linda Dupré, John and Lorraine L'Abbé, Victorino B. Jose, Pina DeCurtis, Brenda, Ian McLellan, Lisa Carter, Catherine Levasseur, Andrew and Mark Beyer, Mary Lou Oram, Hedy Stoqua, Serge Gagnon, Luc André Sabourin, Nikita Sabourin, Rebecca Gagnon, Sam Gagnon, Helen Fernihough, Ian Ketelaars, John Kelly, Carlos Arturo Gallego Henao, Alfredo Michelena, Diana Froh, Hiep Vuong, Dan Rivet, Fr. Bob Poole, Anne Louise L., Homeless people with disabilities, Bob Gemmell, Mallory McPherson, Maryanne Mason, Edgar Velez, Kim Vardon, Marie Jarrett, Nancy Campbell, Catherine and Steven Offierski, Diana Codogno, Suzanne Bisson, Marilisa Gronzotto, Monica Sale, Gladys Buermans, Andrew Jacob, Jimmy Bot, Bev Murphy, Aldina P., Tina Dory, Joseph Gunsberg, Giovanni Magliocco, Rhys Cox,

the Beaulne Family, the Halaj Family, Zahra Ziaei, Kristin Wilson, Ken Kraglund, Dorothy Voldock, Mounira Abi Aad, Flora Pirez, Franca Cervo, Maria Pirrone, Ches Power, Marcel Morin, Dan Cillis, Rauel Carvalho, Ronald Malcolm. **PRAYERS FOR THE DECEASED:** Let us pray for deceased family and friends of our Parish Community, especially Allan Rodrigues, Angela Radych, Francine Gagné.



THE HOLY FATHER'S PRAYER INTENTIONS FOR APRIL: Let us pray for the role of women. We pray that the dignity and immense value of women be recognized in every culture and for the end of discrimination that they experience in different parts of the world. FOR MAY: Let us pray for the formation of religious and seminarians. We pray that religious men, women

and seminarians, grow in their own vocations through their human, pastoral, spiritual and community formation, leading them to be credible witnesses to the Gospel.



PARISH MISSION STATEMENT

"Go therefore and make disciples of all nations, baptizing them in the Name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age." — Matthew 28:19-20

CONSECRATION OF OUR NEW ALTAR BY ARCHBISHOP MARCEL DAMPHOUSSE!

For those who could not attend the consecration of our new Altar on Friday, April 12, 2024 ... ENJOY!





























First Friday and First Saturday Eucharistic Adoration Vigil



in reparation for sins committed against the Most Sacred Heart of Jesus and the Immaculate Heart of Mary

Eucharistic Adoration All Night Vigil begins on <u>FIRST</u> **Friday, May 3 at 8PM,** with Benediction at 8:45AM on Saturday morning and First Saturday Mass at 9AM.

There must be at least two (2) adorers in front of Our Lord at all times. In order to coordinate the schedule, we ask everyone to register. First Friday and Saturday Adorers, please sign-up on the sheets at the back of the Church, or online HERE.

PROPOSED AMENDMENTS TO OUR PARISH CONSTITUTION Your Input is Requested ...



Holy Redeemer's Parish Pastoral Council (PPC) will be proposing amendments to our parish constitution at this year's AGM in June. The PPC is currently seeking your input on these changes. You can **view these changes** at holyredeemer.ca/constitution, or by viewing a hard copy of these documents in the parish office. You can **submit feedback to** trevormonteiro+hr@gmail.com or by leaving a written note in the parish council inbox in the office.

In order for the PPC to take feedback into account, it must be received no later than Friday, May 3, 2024.

PARISH MINISTRY HAPPENINGS ...





NEXT WEEKEND during all the Masses, April 27/28, Fr. Paul will be sharing with us a very special Mission Appeal.

With the support from our Archbishop, our Pastor will be asking us to help his home Diocese in Nigeria in their efforts to build up their Church and Parish Community. Please prayerfully consider how you might like to contribute

in aiding our Nigerian brothers and sisters. Contributions may be made by cash, cheque (payable to 'Holy Redeemer') or e-transfer to ctw@holyredeemer.ca, referencing 'Mission Appeal Nigeria'.

Thank you for your kind consideration and generosity.







Bible Timeline The Story of Salvation

Wanting to read Scripture but getting lost in the process?

Holy Redeemer will be running The Great Adventure Bible Timeline series for those who would like to learn more about how to read the Bible and follow the story it tells.

Join us Monday evenings 6:30-8:30 starting April 22nd or Friday afternoons 1-3 starting April 19th for the first eight

weeks of the series.

Scan to learn more and register



or go to: holyredeemer.ca/ nistries/bible-study

Questions? Contact Teresa Kargul: evangelization@holyredeemer.ca

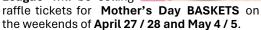


RESTORE MOM'S

Restore is hosting a mini retreat for Moms <u>NEXT</u> Saturday April 27 from 7-10 pm. The evening will consist of a short reflection, Eucharistic Adoration, Confession and fellowship with other Moms. There is no cost, but please register at: https://forms.gle/TetBKHxtWCyEDJNa8.

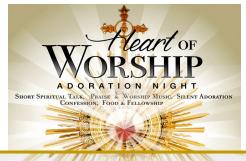
CWL MOTHER'S DAY RAFFLE!

The Catholic Women's League will be selling



All proceeds will go to support the CWL charitable works. Thank you for your support!





Tuesday, April 30, 7-8:30pm Guest Speaker: Fr. Ken Lao

Topic: "A Fresh Outpouring of the Spirit"

Also streaming on "Holy Redeemer Parish Kanata" YouTube channel: www.YouTube.com/HolyRedeemerParishKanata

HOLY REDEEMER PARISH 44 Rothesay Drive, Kanata, ON K2L 2X1 Tel: 613-836-1764





2024 KNIGHTS OF COLUMBUS #9544

ANNUAL CHARITY GOLF TOURNAMENT

Tuesday, May 21st, 2024 **Loch March Golf Course**

SAVE THE DATE!!

For information, please visit the tournament website golf.kofc9544.ca/ which includes registration, sponsorship, volunteer info and charities.

What this event supports is most important: Center, Shepherds of Good Hope, and the Catholic Center for Immigrants. Your participation in supporting this event is critical and will make all the difference!

PRO-LIFE UPCOMING EVENTS

- 1. HIKE FOR LIFE is a 5 km fundraiser for Action Life Ottawa along the Rideau Canal starting at St. Theresa Parish (95 Somerset St., West) on Saturday April 27. Hikers may register in the St. Theresa Hall and start hiking as early as 8am. Official kick-off is 9am. Event closes at 12:30pm. Come enjoy fellowship, refreshments and balloons while 'exercising' your support for the defense of human life through public education. If you are unable to participate in person, you can put your financial support behind our designated hiker ... Father Connor!
- 2. **NATIONAL MARCH FOR LIFE** is on **Thursday, May 9** starting at Parliament Hill. Come and shift our society towards a Culture of Life!
 - Designated Busing from Holy Redeemer to downtown available. RESERVE YOUR SEAT directly with Life Matters Network by booking online at LifeMattersNetwork.ca!
 - For the full Schedule of Events (May 6-10), go to https://marchforlife.ca/2024-week-at-a-glance/.



TO DONATE to Hike for Life or **National March for Life** — Envelopes and more information is available on the display table in the vestibule. PLEASE <u>DO NOT</u> MAKE CHEQUES OUT TO HOLY REDEEMER PARISH! Cheques to be made PAYABLE TO **ACTION LIFE**. Thank you!

- 3. Action Life Ottawa invites you to "END OF LIFE CARE" PRESENTATION by Dr. Rene Leiva, palliative care physician on Tuesday April 23 at 7PM at St. Theresa Parish, 95 Sommerset St. West. RSVP to Maria Rose, info@actionlife.org.
- 4. Keep an eye out for the Pro-Life draw for a Mother's Day cake ... you can enter a draw ballot NEXT weekend in the vestibule!!







1st Eucharist Kids Share Their Blessings!

Our 1st Eucharist children filled baskets for Birthright of Ottawa on April 13th at a 'Blessings Basket Pizza Party'. Their families donated new 'baby and mom' items to fill 10 baskets to support women who are experiencing unplanned pregnancy and choosing to have their babies.





SCREENING OF ROE CANADA: THE DOCUMENTARY

— Free will offering —

Saturday, April 20 at 2:30PM at St. Mary's, Carleton Place
OR

Thursday, May 2 at 7PM at Blessed Sacrament, Ottawa

"It tells the truth North America is forbidden to know". — Mike Aquilina, VP, St. Paul Center for Biblical Theology. Come and hear the truth of what is happening in our country. Could a country like Canada ever experience a day like the Americans did on June 24? Yes, if our passion grows into perseverance. Yes, if our own hearts are converted, and others follow. Yes, if our faith in God overcomes our fear. If Canada can change, the world can too.

More info: http://roecanada.com/.

INDIGENOUS EVENTS

HOLY REDEEMER CONTINUES ON THE PATH TO INDIGENOUS RECONCILIATION

BLANKET EXERCISE: Please join us next Sunday, April 21, from 1:30-3:30pm in the parish hall, for our Blanket Exercise, which interactively teaches Canadian history from an Indigenous perspective. This is our second Blanket Exercise in the parish. Comments from past participants, including Father Paul, are that it is an unforgettable experience. The event will be led again by Donna Naughton, who is the Executive Director of Kateri Native Ministries. TO REGISTER, please contact Tony Ritchie at ritchieanthony3@gmail.com.



Saint Vincent de Paul (SSVP) Ottawa Central Council



'CATCH THE ACE' LOTTERY' — the Ottawa Central Council of the **SSVP** is pleased to announce **Round-4** of the weekly 'Catch the Ace' lottery. The draw is **EVERY Tuesday** until the Ace of Spades is drawn. **Tickets can be purchased EARLY** for \$10 (online only).

Proceeds go to support the Multi-faith Housing Initiative for affordable, safe and permanent housing for Indigenous and new Canadians. For more information, please visit: https://ssvpottawa.ca/. Thank you!

PARISH MINISTRIES

2-DAY MARRIAGE PREPARATION COURSE



Congratulations on your engagement!

Embracing marriage as a sacrament will transform your whole life together and take your love to a much deeper level. The Marriage Preparation Course is a requirement and gives couples an opportunity to have some important discussions prior to getting married.

Our 2-day Marriage Preparation Course is being offered:

- ☑ Friday, May 17 (7pm—10pm); and
- ☑ Saturday, May 18 (10am—6pm with Mass)
- ☑ Cost: \$100 (includes guidebook).

To register, please contact the Cathy Koss in the parish office at hryouth@icloud.com.



PILGRIM VIRGIN OF OUR LADY OF FATIMA Home Visitation Program: Holy Redeemer's Legion of Mary invites parishioners to reserve a home visit of the Pilgrim Virgin Statue of Our Lady of Fatima for a

one-week period. To arrange a visit of Our Lady, please contact Balsam Blejani-Khalaf (613-599-2723; bblejanikhalaflom@gmail.com).

PRAYER SHAWL MINISTRY: Did you know that Holy Redeemer is blessed to have a ministry that makes beautiful prayer shawls for people in our community who are in need of a prayer and a hug



to comfort them through their trying times? We have shawls for men, women, children as young as preemies, in various colours and patterns! If you know anyone who could benefit from this free service, call Margaret Donahue (hrprayershawlmin@gmail.com; 613-836-7619), and she will make arrangements to connect and provide you with one of these beautiful, hand-made gifts to brighten someone's day.



CATHOLIC WOMEN'S LEAGUE PRAYER BOX: We invite you to place your intentions in this prayer box and CWL members will raise them

in prayer on your behalf. Rest assured that we will never open your papers, nor read your words. We prayerfully trust that our Lord knows your needs. The papers are burnt unopened at the end of the month.

RELIGIOUS ARTICLES FOR SALE: For those special gifts, come browse our display in the Hall, or view our online shop (HERE). If you



have questions, or the item you are seeking is not displayed, please call Germaine Gaudet at **613-435-1084**, and she will place the order for you.

CHAPLET OF THE HOLY FACE OF JESUS: Please join us **EVERY Monday** after the 9AM Mass to recite the Chaplet of the Holy Face of Jesus.



PUBLIC ROSARY ACROSS CANADA —



<u>WHY</u>: To entrust the whole world to Our Lady, and to ask Her to intercede for our province, our country, and the world — we join in prayer with parishes across Canada.

WHERE: Outside by the parish office door, in front of Our Lady's statue. **WHEN**: Every **Wednesday at 6:15 PM**.

PARISH VOCATIONS MINISTRY ACTIVITIES & UPCOMING EVENTS ...



- We invite you to an hour of Adoration <u>EVERY Wednesday</u> after the 7:00pm Mass. Join us as we pray for an increase in the response to God's call to the priesthood, diaconate, religious life, consecrated life, and marriage.
- 2. The Parish Vocations Ministry, whose mandate is to create a culture of vocations in our parish and diocese, is offering candy to all the children after Mass THIS weekend of April 20 / 21, in honour of the Good Shepherd who guides his little ones to himself. Please come say hello to a member of the ministry in the vestibule after Mass and take a photo of yourself as a Priest or Nun!

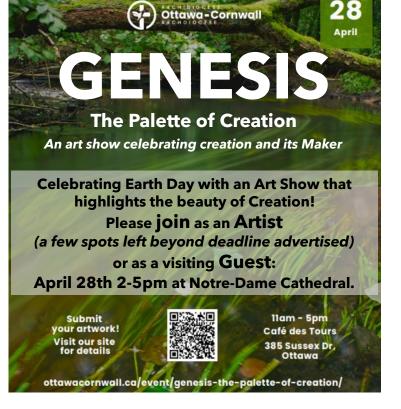


UPCOMING WOMEN'S CURSILLO — From Thursday, April 25 to Sunday, April 28: Are you looking for a way to grow your Faith? Consider attending the next Cursillo weekend with

like minded women. (The next men's Cursillo is in February 2025.)

The retreat begins on Thursday evening and ends on Sunday. Cursillistas (those attending) live and work together, engage in discussions after hearing talks given by priests and laity. The weekend concentrates on the teachings and person of Jesus Christ and provides the opportunity to deepen your faith and experience a greater love for Jesus Christ and the Catholic Church. Info: Holy Redeemer's Parish Rep, Marc Bélanger at 613-836-2874, or email Rosella at rosella.macneil@sympatico.ca, or visit ottawacursillo.ca.

CARE FOR CREATION



YOUTH MINISTRY CONNECTION!





The Young Adults Group have resumed meeting bi-weekly in the Church Hall from 5PM to 6:30PM. Next meeting...

SUNDAY, APRIL 21!

If you are between the **ages of 19 and 36**, you are welcome to join our bi-weekly meetings for **fellowship**, **faith formation and pizza!**

For more information, please contact Sarah at youngadulthr@gmail.com.

YOUTH GROUP ... Every Friday!



The ROCK Grades 6-8 Fridays, 6:30-8:30pm



JAM (Jesus And Me) Grades 9-12 Fridays, 8:30-10pm

Questions? Contact our AMAZING Youth Minister
Cathy Koss ~ hryouth@icloud.com!!

YOUNG ADULTS HIKING GROUP: Join Father Connor on a hike and enjoy some fellowship and the beauty of God's



creation. If you, or someone you know is interested, and are between the **ages of 16 and 35,** please email Father Connor at father.connor@outlook.com.



OTTAWA CATHOLIC YOUNG PROFESSIONALS

(OCYP) Event - "Setting Yourself Apart: Leaning Into Your Strengths." Join us on Friday, May 3 at The Royal Oak (1 Beechwood Dr, upstairs) where we will be focusing on how to utilize our God-given strengths to stand out in the workplace. For more information please visit www.ocyp.ca, find us on Facebook, or email info@ocyp.ca. Register via the CanadaHelps link on the Facebook event page/our website.



IS THE LORD CALLING YOU TO SERVE HIM AS A PRIEST? Join other men

discerning the priesthood for monthly formation, fellowship, and Eucharistic Adoration. Each night will be held at the new Café des Tours, located in the basement of Notre Dame Cathedral in Ottawa. To join the Quo Vadis email list or for more information, contact Fr. Connor O'Hara, the Vocations Director for the Ottawa-Cornwall Diocese at vocations@ottawacornwall.ca.



ARE YOU NIGERIAN? IGBO? CATHOLIC? Join the Igbo Catholic Community for Mass (in the Igbo language!) on the last Sunday of EVERY

month at St. Peter's Parish, 1640 Heatherington Road at 1:30 PM. Mass is followed by fellowship and refreshments in the Church Hall. Chaplain — Fr. Paul Nwaeze; Coordinator — John Anoliefo (289 -988-2696); Info: info@igbomass-ottawa.ca.

AROUND THE DIOCESE







70% of spouses don't know the details of their partner's final wishes

Start the conversation. Call: 613-591-6580



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www.councillorallanhubley.ca \chi @Kanata_SouthW23 🕇 @AllanHubley23

Councillor Allan Hubley, Ward 23, Kanata South



Scottish Restaurant & Dub

1010 Stittsville Main Saint Stittsville, ON K2S 1B9 John McConville, Owner/Operator 613-836-5622; www.theglen.ca

DANNY NAILS & SPA

Terry Fox Plaza 500 Hazeldean Road, unit 110 Kanata ON K2L 2B5 www.dannynailsspa.ca BUSINESS HOURS MON-FRI 9:30AM = 7:30PM SATURDAY 9:30AM=6PM SUNDAY 10:00AM=5PM

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Kafui Sawyer, M.A. (Couns. Psych.) Registered Psychotherapist

Clinical Supervisor Mental Health Consultant

Tel: 613-890-PSYC (7792) Email: kafuisawyer@joyfrc.com www.joyhrc.com

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info@liturgica.ca www.liturgica.ca

Bridlewood



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